

# Engaging and Retaining Pregnant Women with Substance Use Disorders

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Maternal Addiction Treatment, Education, & Research (MATER)

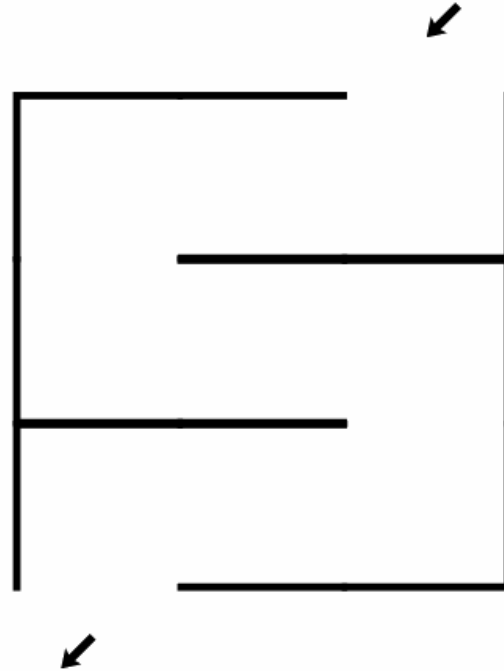
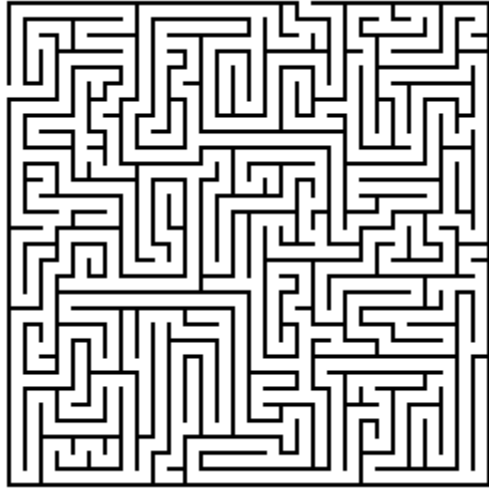
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# Overview

- Three fundamentals to initial and sustained engagement
  - 1) Minimize barriers to care
  - 2) Manage expectations
  - 3) Supportive and educated staff
- Our processes as an example
- Discuss strengths, weaknesses, and ideas

# Minimize Barriers



# Minimizing Barriers

- Simplify and expedite processes, reducing administrative burden
- Open access to medications for opioid use disorder
- Communicate often and clearly about process
- Understand and mitigate insurance issues
- Create a network of resources
- Carry the baton / pass the torch

# Accessibility: Supportive and Educated Staff

- Evolving Needs
  - Stabilization Process
  - Patient motivation / Behavioral change
- Dignified and Respectful communication
  - Safe environment
  - Consistency
- On-going learning about process, experience, resources

# MATER's Model of Care Coordination

- Motivational Interviewing
- Needs Assessment
- Treatment placement
- Program preparation
- Patient Navigation through systems
  - Empowering self-advocacy
- Reengagement