DOH Updates

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March 18, 2020



1. PA MMRC

2. STI Screening and Response

3. NAS Reporting



MMRC Update



CDC Pregnancy Checkbox Data

Maternal Mortality in the United States, Data Release, 2018 National Vital Statistics Report

- Released January 20, 2020
- https://www.cdc.gov/nchs/maternalmortality/data.htm



CDC Pregnancy Checkbox Data

Source: Pregnancy checkbox data

 Pregnancy checkbox implementation in state death records began in 2003, and culminated in 2017

Data presented on 2018 deaths



CDC Pregnancy Checkbox Data

Maternal deaths include deaths of women while pregnant or within 42 days of termination of pregnancy, irrespective of the duration and the site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management, but not from accidental or incidental causes.

Late maternal deaths include deaths of women from direct or indirect obstetric causes **more than 42 days but less than 1 year** after termination of pregnancy.



CDC Data: Maternal Deaths

Area	# Deaths	Rate
Illinois	14	9.7
N. Carolina	13	10.9
California	53	11.7
Pennsylvania	19	14.0
Maryland	10	14.1
Ohio	19	14.1
Washington	13	15.1
Florida	35	15.8
Virginia	16	16.0
Michigan	18	16.4
Missouri	12	16.4
Massachusetts	12	17.4

Area	# Deaths	Rate
USA	658	17.4
Texas	70	18.5
New York	47	20.8
Arizona	18	22.3
Indiana	20	24.5
South Carolina	14	24.7
Louisiana	15	25.2
Tennessee	21	26.0
New Jersey	27	26.7
Georgia	35	27.7
Oklahoma	15	30.1
Kentucky	22	40.8
Arkansas	17	45.9

- Rates per 100,000
- 26 states had <10 deaths and are suppressed



CDC Data: Late Maternal Death

 Numbers for PA, 41 other states and D.C were too low to report (less than 10)

Area	# Deaths	Rate
Georgia	26	20.6
Alabama	10	17.3
Missouri	12	16.4
North Caroline	11	9.2
New York	18	8.0
United States	277	7.3
Florida	19	8.6
Texas	22	5.8
California	26	5.7



Definitions

Pregnancy Associated Deaths

Pregnancy-Related Death

The death of a woman during pregnancy or within one year of pregnancy due to a pregnancy complication, a chain of events initiated by pregnancy, or the aggravation of an unrelated condition by the physiologic effects of pregnancy

Pregnancy-Associated but NOT Related Death

The death of a woman during pregnancy or within one year of pregnancy from a cause that is not related to pregnancy

Unable to Determine

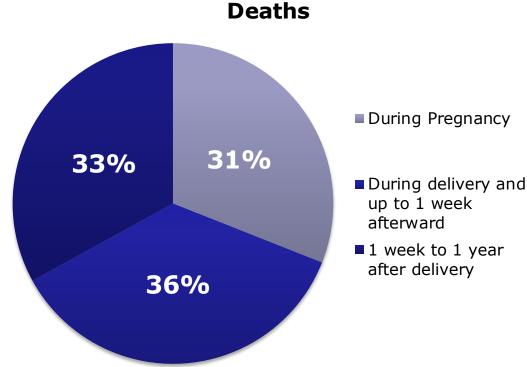
Source: St. Pierre A; ZaharatosJ; Goodman D; Callaghan WM. Jan 2018. Challenges and opportunities in identifying, reviewing, and preventing maternal deaths. Obstetrics and Gynecology. 131; 138-142.



National Data – Pregnancy Related Deaths

700 women die from pregnancy-related complications each year in the United States.

3 in 5
pregnancy related
deaths could be
prevented.



Timing of Pregnancy Related



Source: Pregnancy Related Deaths, CDC Vital Signs, May 7, 2019

National Data – Pregnancy Related Deaths

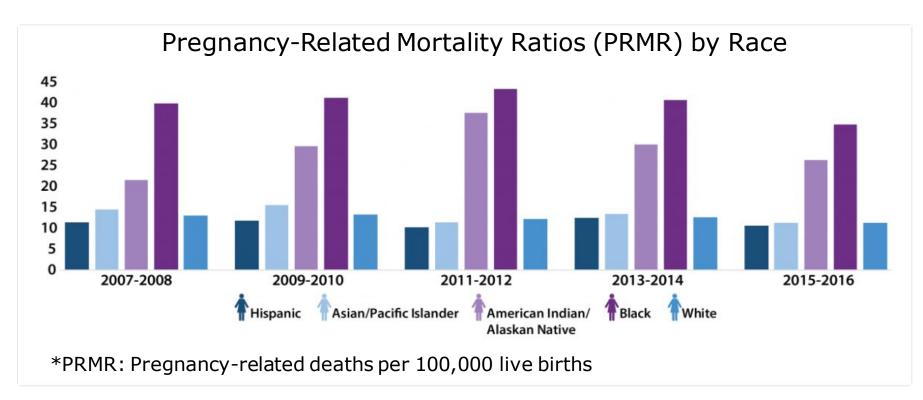
Leading Causes of Pregnancy Related Deaths by Time of Death

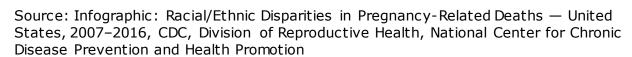
- Overall: Heart disease and stroke caused more than 1 in 3 deaths.
- At Delivery: Obstetric emergencies, like severe bleeding and amniotic fluid embolism (when amniotic fluid enters a mother's bloodstream) were most common.
- Week after delivery: severe bleeding, high blood pressure, and infection were most common.
- 1 week to 1 year after delivery: Cardiomyopathy (weakened heart muscle) was the leading cause of deaths



National Data - Racial Disparities

Nationally, American Indian/Alaska Native and Black women are **2 to 3 times** as likely to die from a pregnancy-related cause than white women. These inequities persist over time.

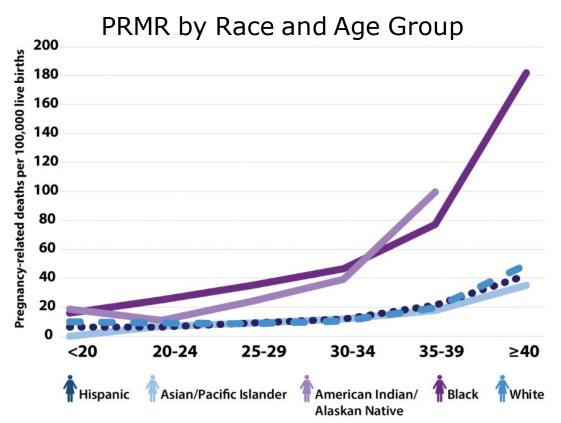






National Data - Racial Disparities

Inequities Increase with Age



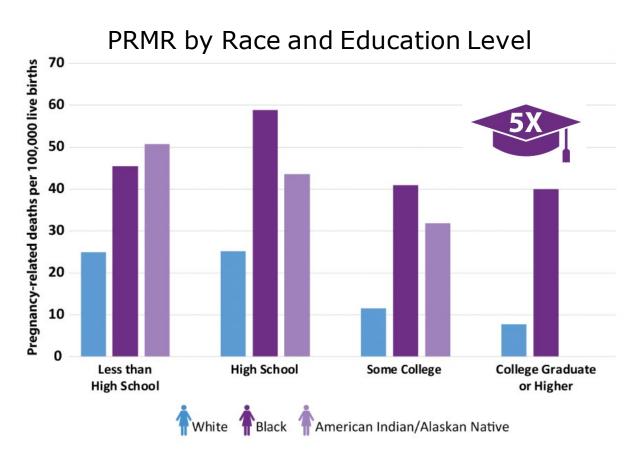
The disparity ratio between black women and white women by age rage from 1.5 for <20 age group to 4.3 for 30-34 age group.

*PRMR: Pregnancy-related deaths per 100,000 live births



National Data - Racial Disparities

Inequities by Education Level



The PRMR for black women with at least a college degree was 5 times higher than white women with a similar education.

*PRMR: Pregnancy-related deaths per 100,000 live births

Source: Infographic: Racial/Ethnic Disparities in Pregnancy-Related Deaths — United States, 2007–2016, CDC, Division of Reproductive Health, National Center for Chronic Disease Prevention and Health Promotion



PA MMRC

The **mission** of the Pennsylvania Maternal Mortality Review Committee is to:

- Systematically review all maternal deaths;
- Identify root causes of these deaths; and
- Develop strategies to reduce preventable morbidity, mortality and racial disparities related to pregnancy in Pennsylvania.



MMRIA Decision Form

6 Key Questions Answered in Case Review

- 1. Was the death pregnancy-related?
- 2. What was the underlying cause of death?
- 3. Was the death preventable?
- 4. What factors contributed to the death?
- 5. What are recommendations that address the contributing factors?
- 6. What are the expected impacts if those recommendations where acted on?



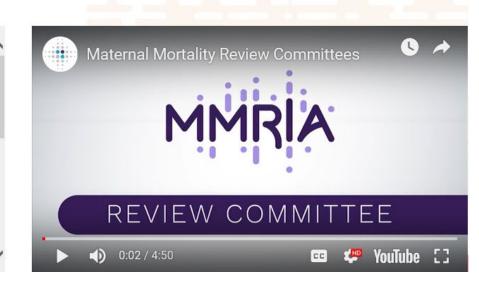
Mock Case Review

www.reviewtoaction.org

WELCOME

Have you ever wondered what happens during a maternal mortality review committee meeting? Maybe you are in the early phases of assembling a committee in your local jurisdiction, and you aren't quite sure who should be involved or how to describe the process to potential committee members. Or maybe you have been invited to serve on a review committee, but you don't know what to expect when you arrive.

This interactive website was designed to offer people a peek inside a review committee





PA MMRC Timeline

- May 2018: Legislation (HB 1869/ Act 24 of 2018) establishing the PA MMRC signed into law.
- October 2018: Committee membership established.
- **February 2019:** MMRC establishes mission, vision, and scope of review.
- **April 2019:** PA Perinatal Quality Collaborative, the action arm of the MMRC, is launched.
- July 2019: PA MMRC first case review meeting.
- September 2019: Secured \$2.25 million in funding over 5 years for PA MMRC through CDC's Enhancing Reviews and Surveillance to Eliminate Maternal Mortality (ERASE MM) program.
- February 2019: Access to CDC's Maternal Mortality Review Information Application (MMRIA).

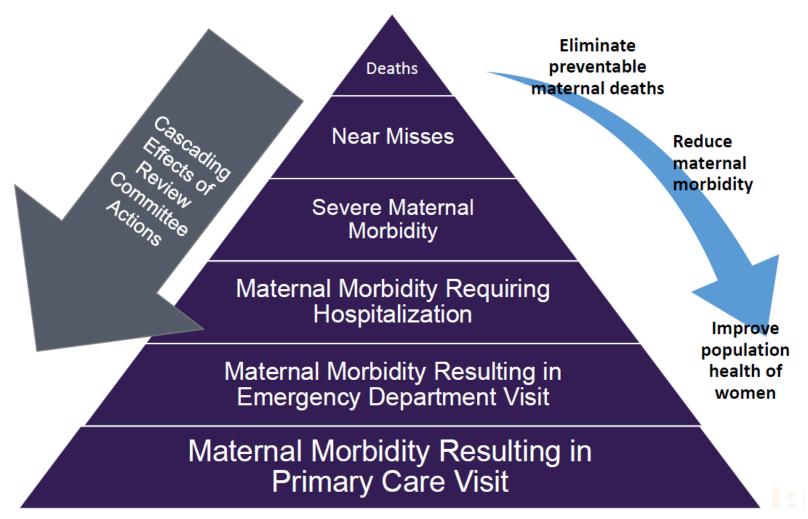
ERASE MM

ERASE MM Program Funding:

- Personnel: medical record abstractor, program administrator and epidemiologist.
- Philadelphia MMRC: costs associated with coordinating efforts, sharing data, and aligning procedures with PA MMRC to follow CDC guidance.
- Implicit Bias Training
- Review to Action: Stakeholder Engagement



Cascading Effects of MMRC





Source: Power of MMRCs, www.reviewtoaction.org

PA MMRC

- Common Themes Discussed in Case Review Meetings:
 - Obstetric Emergencies;
 - Risk Appropriate Care; and
 - Access to Care.

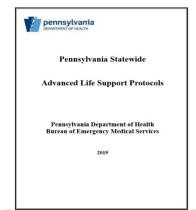


Obstetric and Postpartum Emergencies

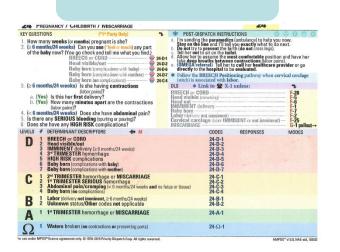
- EMS is vital in responding to emergencies, especially in rural areas.
- Initial education for certification for EMS providers in PA meets or exceeds the National EMS Educational Standards for obstetrics.
- Total EMS agencies: 1,339
- Total EMS providers: 40,490
 - EMR- 3,025
 - EMT- 29,243
 - AEMT- 318
 - Paramedic- 6,676
 - PHRN- 1,228



Anatomy of a 911 Response



911 Call



Tiered EMS Response



Delivery to Definitive <u>Car</u>e





EMS - Maternal Health Population

- In 2019, commonwealth EMS providers responded to 419,462 911 responses of a female of childbearing age (12-51)
 - Represents 25% of EMS 911 responses.
- Total of 58,094 EMS records with a primary impression that indicated potentially some type of maternal health issue.
 - Represents 14% of interactions with females 12-51 and is 3% of 911 interactions overall.
 - This is a rare occurrence for EMS providers. Something they may see 3-4 times in their career.
- Caveat 28% (118,285) of primary impressions for the 12-51 range of females were left blank.



EMS Case Counts, Females ages 12-51, PA, 2019

Primary Impression	Case Count
Acute or general abdominal complaint	47,925
Labor and delivery with complications	1,365
Postpartum hemorrhage	45
Abnormal uterine or vaginal bleeding	3,575
Pregnancy with contractions	3,476
Incidents involving preterm labor and/or delivery	373

Note: Case counts are single patient counts. Even if multiple conditions were present providers could only select 1 category.



EMS Continuing Education

Certification Level	Number of CPC Hours	Total Number of Hours	Years to Complete
EMR	12	16	3
EMT	18	24	3
AEMT and Above	27	36	2

 PA DOH Bureau of EMS added Obstetrics and Childbirth and Pregnancy Medical Emergencies to the free web based trainings for EMS providers offered by the department in 2020.



Risk Appropriate Care

- It is important to provide risk-appropriate care that is specific to the health needs of the patient.
- Knowing the level of maternal care a hospital or birth center can provide is vital to improving patient outcomes.
- Establishing levels of maternal care can reduce maternal morbidity and mortality, including existing disparities, by encouraging the creation of a system that provides riskappropriate care specific to maternal health needs.
- Central to systems is the development of collaborative relationships between hospitals of differing levels of maternal care in proximate regions.



Risk Appropriate Care

ACOG levels of maternal care:

- Level I: basic care;
- Level II: specialty care;
- Level III: subspecialty care; and
- Level IV: regional perinatal health care centers.

Additional information and specific on these levels: https://www.acog.org/Clinical-Guidance-and-Publications/Obstetric-Care-Consensus-Series/Levels-of-Maternal-Care



Access to Care – Payment for Services

Maternity Care Coverage through:

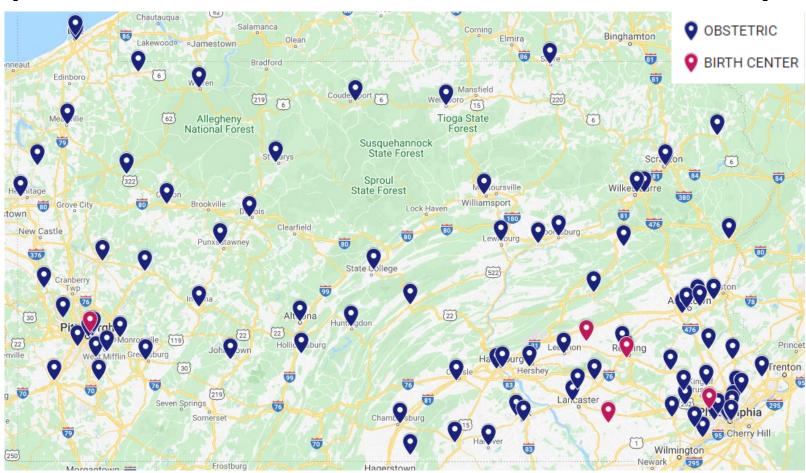
- Medicaid;
- Employer or large group employer coverage;
- Employer self-insured coverage;
- Women's Veteran Health Care program; and
- Affordable Care Act.

Additional information and links to coverage information on https://www.health.pa.gov/topics/healthy/Pages/Pregnancy.aspx



Access to Care – Location of Services

Hospitals with an Obstetric Unit and Birth Centers in Pennsylvania



https://www.health.pa.gov/topics/healthy/Pages/Pregnancy.aspx



Alignment with PQC

- The Maternal Mortality Key Driver Diagram lists "Establish Levels of Maternity Care" as a driver and the following interventions for the PQC:
 - 1. Establish levels of risk and levels of maternity care to properly triage patients and connect to the right provider;
 - 2. Educate families and providers to make informed decisions about the appropriate place of birth;
 - 3. Ensure integration and communication across levels of maternity care to ensure appropriate transfers.



Alignment with PQC

- PQC Policy Group
 - Perinatal Value Based Payment Models
 - Recently completed recommendations on standards of care and quality measures
 - Rural Maternal Health Care
 - Beginning to discuss and respond to a Request for Information (RFI) from CMS, as well as PA specific questions from DHS and DOH.



More info at Health.PA.gov

Health > All Health Topics > Healthy Living > Maternal Mortality

Maternal Mortality

Maternal mortality is devastating for families and communities worldwide. In Pennsylvania specifically, a large disparity exists between white and African American women for maternal mortality. Unfortunately, mortality is just the tip of the iceberg: for every woman who dies, there are more women who just barely survive. Because of this, Governor Wolf has made maternal and child health a priority for the state of Pennsylvania.

What is Maternal Mortality?

Maternal mortality is a death of a woman during pregnancy, or up to one year following the end of the pregnancy, regardless of the outcome of the pregnancy. Maternal mortality applies in cases of livebirth, stillbirth, abortion and miscarriage. When describing maternal mortality, deaths are divided into the following categories:

<u>Pregnancy Associated Deaths</u>: the death of a woman during pregnancy, or up to one year following the end of the pregnancy, regardless of the outcome of the pregnancy.

Resources

CDC Vital Signs Report on Maternal Mortality 🗗

Maternal Mortality in Philadelphia
2010-2012 ☑

Maternal Mortality Terminology 2

PA Perinatal Quality Collaborative

Review to Action 2

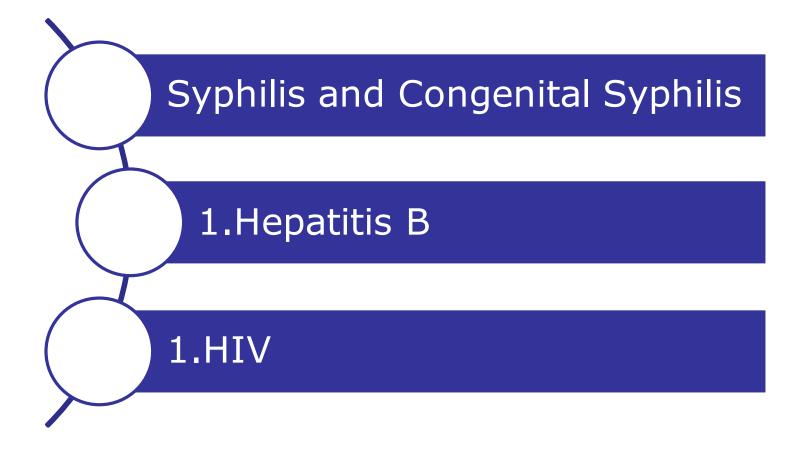


THANK YOU

Thank you to our PA MMRC and Philadelphia MMRC Members



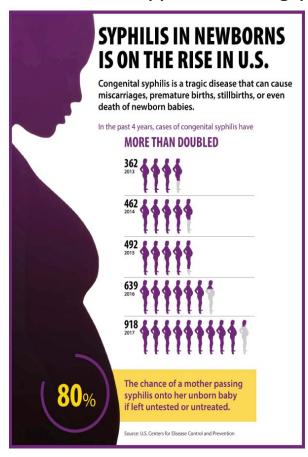
STI Screening and Response

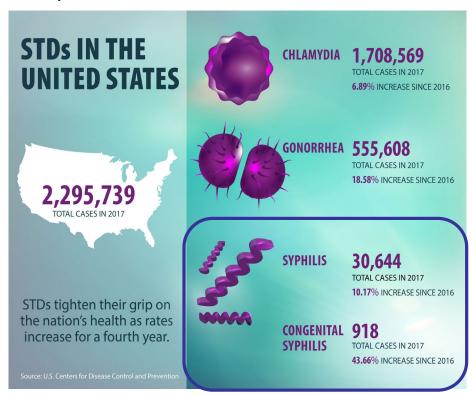




Syphilis in the United States

- A pregnant woman with untreated, active syphilis is likely to pass the infection to her unborn child.
- Miscarriage may occur in as many as 25 to 50 percent of women acutely infected with syphilis during pregnancy.







Syphilis Stages

- Early: Patient has no overt symptoms, active infection less than 1 year duration, and only way to diagnose is through a serologic test for syphilis.
- **Primary:** characteristics include chancres (an elevated skin lesion which erodes and becomes and ulcer) which are highly infections and can easily spread infection through sex. <u>Due to anatomical differences most females will miss primary symptoms</u>. Symptoms will resolve in 1 to 5 weeks without treatment.
- **Secondary:** characteristics include skin and mucous membrane lesions; skin rash on trunk, hands, and feet; and can be highly infectious depending on nature of secondary symptoms. Often misdiagnosed as other conditions (psoriasis, herpes, allergic reactions, etc.). Symptoms will resolve in 2-6 weeks without treatment.



Drug Use and Increases in Reported Syphilis

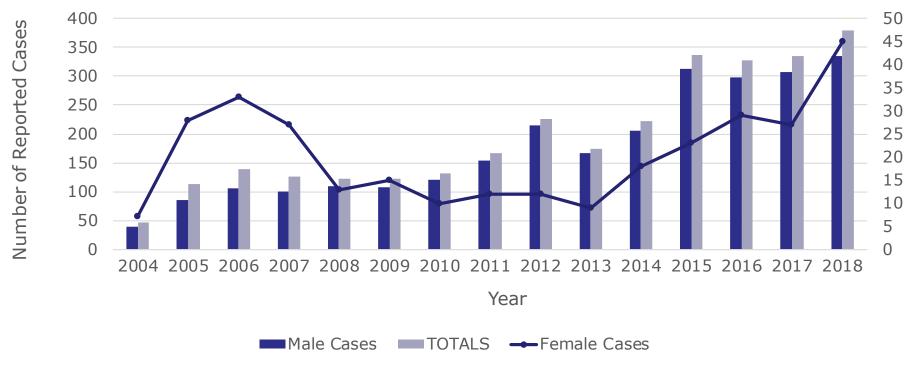
- A recent report* from the CDC indicated that during CY 2013-2017, the primary and secondary (P&S) syphilis rate increased 72.7% nationally and 155.6% among women.
- During this same time, reported methamphetamine, injection drug, and heroin use increased substantially among women and heterosexual men with P&S syphilis
- According to CDC, the recent increases in heterosexual syphilis, together with the concurrent increases in percentage of persons with P&S syphilis reporting methamphetamine use, sex with a person who injects drugs, injection drug use, and heroin use, are causes for concern.



^{*}Source:

Syphilis in Pennsylvania

• Similar trend as national, PA saw a 500% increase in Primary and Secondary Syphilis among females from 2013 (9 cases) to 2018 (45 cases).

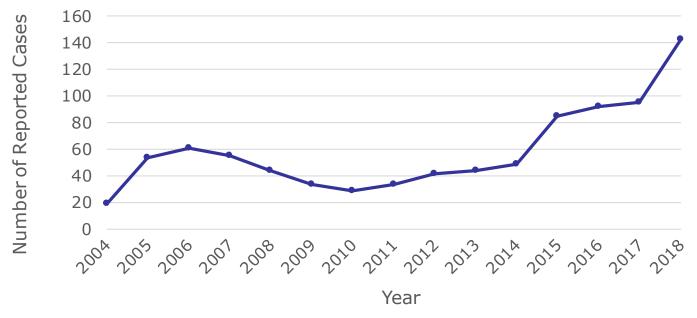


^{*} Exclusive of Philadelphia



Early syphilis in women age 15-44

- Early Syphilis reported in women of child bearing age (women age 15 to 44) increased 47% from 87 cases in 2017 to 128 cases in 2018.
- The 128 cases of Early Syphilis reported in women of child bearing age represents the highest reported number of cases in Pennsylvania (PA Exclusive of Philadelphia) in more than two decades.

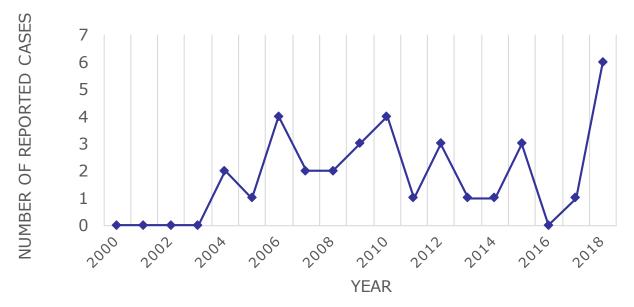


^{*} Exclusive of Philadelphia



Congenital Syphilis in PA

- The number of reported congenital syphilis cases is at the highest rate in more than 25 years.
- In CY 2018, a total of seven congenital syphilis cases were reported in the state.
- 57% of these cases involved reported drug use by the mother.



^{*} Exclusive of Philadelphia



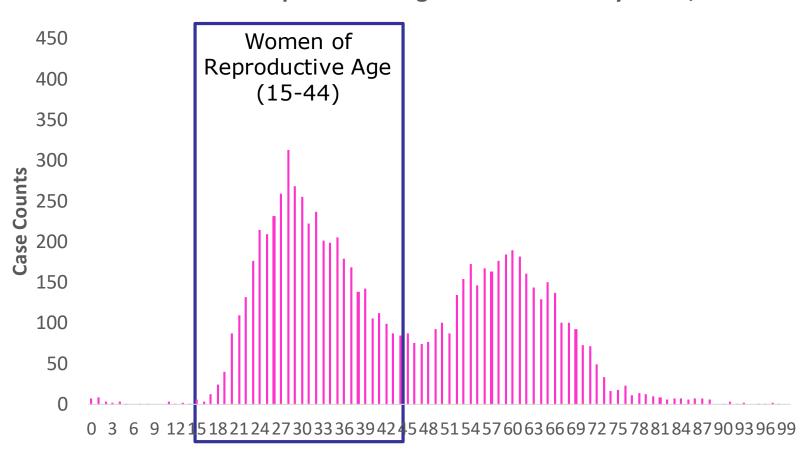
Statewide Recommendations

- DOH issued a Health Alert Network (HAN) in March of 2019, in response to the recent increase in both Congenital Syphilis and reported Early Syphilis in women of child bearing age.
- PADOH is recommending that all pregnant females be offered a test for syphilis at the following intervals:
 - At the first prenatal visit;
 - At the third trimester of pregnancy;
 - At the delivery of a child, or;
 - At the delivery of a stillborn child
- Healthcare providers can register for HAN alerts by going to <u>HAN.PA.GOV</u>



Chronic Hepatitis 2018

Chronic Hepatitis among Women in Pennsylvania, 2018





Hepatitis B

- The perinatal transmission of the hepatitis B virus (HBV) poses a serious threat to infants born to mothers infected with the hepatitis B surface antigen (HBsAg).
- The Centers for Disease Control and Prevention estimates that close to 500 women are positive at the time of delivery in Pennsylvania.
- Recommendation: All pregnant women are to be screened for the hepatitis B surface antigen (HBsAg)on the first prenatal visit, or within 15 days, but no later than the time of delivery.

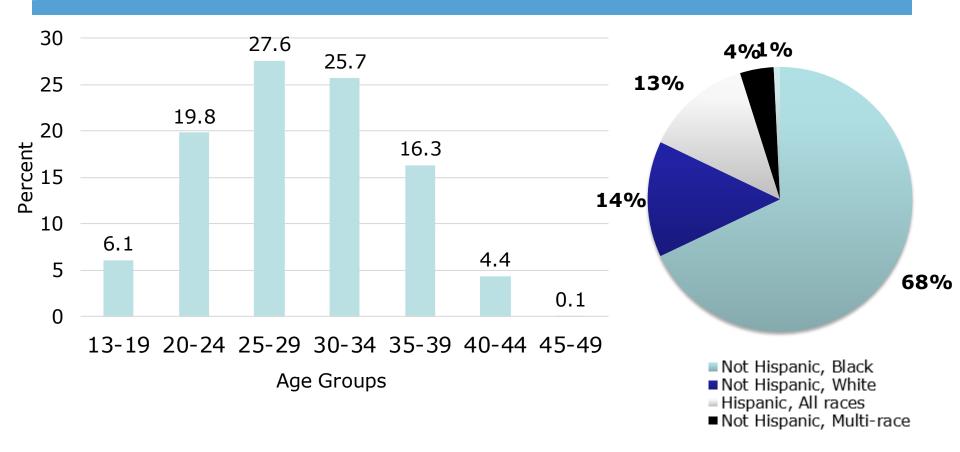


Prenatal Cases of HIV

- Mother to Child HIV transmission can occur at any time in the course of the pregnancy.
- Clinical attention is necessary to prevent HIV transmission during pregnancy, childbirth and postpartum.
- Between 2001 and 2019, 1,094 pregnant women were HIV positive in Pennsylvania.
- Recommendation: All pregnant women be screened for HIV.



Percentage of HIV Positive Pregnant Women by Age-Group, PA, 2001-2019 (N=1,094)



Highest percentage of HIV Positive Pregnant Women are:

- Between the ages of 25-29; and
- Non-Hispanic black.



Prenatal Care Visits among HIV Positive Pregnant Women, PA, 2001-2019

Number of Prenatal Visits	Number	Percent
Less than 11	474	43.3
Greater than or equal to 11	253	23.2
Unknown	367	33.5
Total prenatal cases of HIV	1,094	100.0

 Compliance with prenatal care visits is essential for the health of both pregnant woman and child.



CDC Screening Recommendations

Screening Recommendations:

Clinician Timeline for Screening Syphilis, HIV, HBV, HCV, Chlamydia, and Gonorrhea



Syphilis: All pregnant women

HIV: All pregnant women

HBV: All pregnant women[®]

Chlamydia: All pregnant women <25 years of age and older pregnant women

at increased risk!"

Gonorrhea: All pregnant women <25 years of age and older pregnant women

at increased risk™

**HCV: Pregnant women at increased risk'v



Syphilis: Certain groups of pregnant women at 28 -32 weeks

HIV: Certain groups of pregnant women before 36 weeks

Chlamydia: Pregnant women <25 years of age or continued high risk*

Gonorrhea: Pregnant women at continued high risk!



Syphilis: Select groups of pregnant women, pregnant women with no previously established status, or pregnant women who deliver a stillborn infant

HIV: Pregnant women not screened during pregnancy

HBV: Pregnant women not screened during pregnancy,^{vI} who are at high risk,^{vII} or with signs or symptoms of hepatitis

- CDC recommends
 all pregnant
 women be
 screened for HIV,
 hepatitis B (HBV),
 and syphilis during
 pregnancy.
- For women at higher risk of infection, CDC recommends prenatal screenings for hepatitis C (HCV), chlamydia, and gonorrhea.



https://www.cdc.gov/nchhstp/pregnancy/docs/pregnancy-screening-recsclinician-timeline-H.pdf

Resources – STIs

- Syphilis Diagnosis and Treatment in Pregnancy
 - https://www.health.pa.gov/topics/programs/STD/Pages/Syphilis.aspx
- Health Alert Network (HAN) for Healthcare Providers
 - https://han.pa.gov/
- Free STD CNE/CMEs
 - https://www.std.uw.edu/
- CDC STD Treatment and Screening Guidance
 - https://www.cdc.gov/std/treatment/default.htm
 - https://www.cdc.gov/nchhstp/pregnancy/docs/pregnancyscreening-recs-clinician-timeline-H.pdf



STI Screening Contact Information

Beth Butler, bebutler@pa.gov

Public Health Program Director,

Division of TB/STD,

Bureau of Communicable Diseases



NAS Reporting



iCMS Case Reporting

- NAS case information was previously submitted to DOH in REDCap. As of **January 1, 2020** all NAS case information is submitted in iCMS to DOH.
- iCMS is the same system used for case management, tracking and managing the follow-up of newborn filter paper and point-of-care (POC) screening results for infants born/residing in PA.
- In iCMS, there is a new module that enables providers to report cases diagnosed with NAS to DOH.



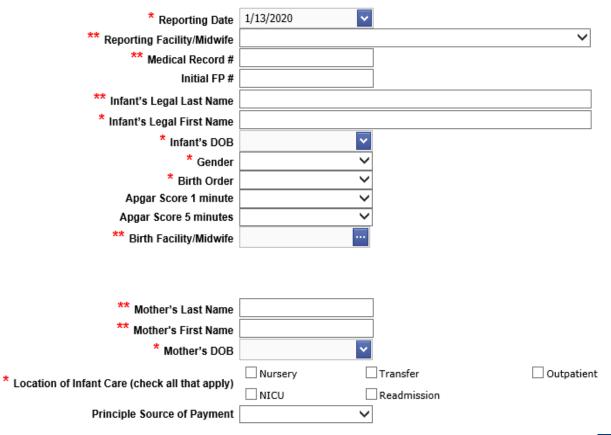
NAS Definition

- How is NAS defined?
 - DOH uses the Council for State and Territorial Epidemiologists definition of NAS: "NAS is withdrawal in neonates following chronic in utero exposure to prescribed medications or illicit drugs, most commonly opioids, benzodiazepines and barbiturates."
 - Withdrawal signs:
 - Central nervous system (high pitched cry, hypertonia, tremors, seizures, hyperactive Moro reflex, poor sleep, seizures, poor feeding)
 - Autonomic nervous system (sneezing, nasal congestion, frequent yawning, fever, mottling)
 - Gastrointestinal (regurgitation, vomiting, loose stools)
 - Respiratory dysregulation (tachypnea, respiratory distress)

Patient Information

- * Indicates Mandatory Field for Submit
- ** Indicates Mandatory Field for Save or Submit
- * Indicates Conditionally Mandatory Fields for Submit

Patient Information





Neonatal Assessment Scoring

Neonate Assessment Scoring (complete all that apply, at least one)

* Finnegan highest Score	~	
* Modified Finnegan highest score	~	
* None		
* Other		
* If Other, please specify the scoring method and the score		



Infant Status

Infant Status				
Tillalit Status	_	_	_	
Medications on Thomas, Hand to Treet Infant /ab add	Clonidine	Methadone	Other drug	
Medications or Therapy Used to Treat Infant (check all that apply)	Chlorpromazine	Morphine	Nonpharmacologic ther	ару
	Diazepam	Phenobarbital	No treatment	
	Body shakes (tremors)	Poor feeding (includi	ng poor or excessive suck)	Loose stools
	Seizures (convulsions)	Tachypnea		☐ Vomiting
* Infant Signs/Symptoms of Withdrawal (check al	Hyperactive Moro reflex	Fever		Nasal congestion
that apply)	Myoclonus (including hiccup	s) 🗌 Blotchy skin		Sneezing
	Hypertonia	Poor sleep		Skin abrasions or excoriation
	High-pitched cry	Lots of yawning		$\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $
			_	
* If other, please specify				
			~	



Optional PQC Measures:

- Percent of babies born with NAS who are treated with a nonpharmacologic bundle
- Percent of babies born with NAS who receive pharmacologic treatment

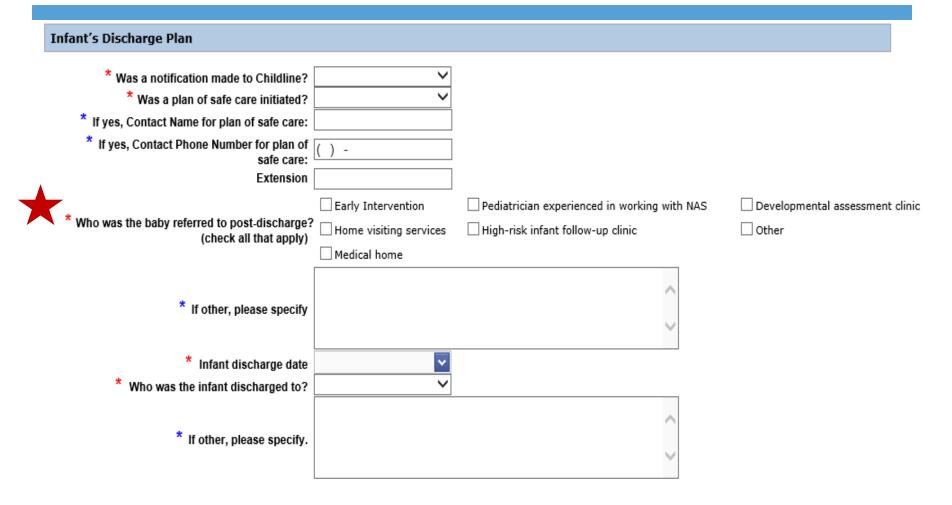


Laboratory Testing

* Was laboratory testing of neonate for substance exposure performed? * If yes, what was the source of the lab sample? * If other, please specify * If positive results, which drug(s) did the infant test positive for?



Infant's Discharge Plan





Optional PQC Measures:

 Percent of babies born with NAS with appropriate follow-up at discharge



Infant's PCP Information

PCP Information		
Infant's PCP Name Address City, State, Zip Phone # Fax #	•••	
PCP Name		
Address 1		
Address 2		
City		
State	PA 🗸	
Zip Code		
Phone #	() -	
Fax #	() -	

Email



Mother's Discharge Plan

Mother's Discharge Plan			
Did the mother's discharge plan include referrals to any of the following? (check all that apply)	☐ Continued MAT treatment ☐ Care for substance use ☐ Home visitation services	Parenting support Community support programs	Other behavioral health services
* If Other, please specify			^ ~



Antenatal Maternal Drug Use

Antenatal Maternal Drug Use			
Evidence of any maternal drug use in any medical record (mother or infant)?	V		
Was the mother receiving MAT during pregnancy?	<u> </u>		
	Alcohol/ethanol	Gabapentin	Methamphetamine
	Amphetamines	☐ Hallucinogens/inhalants	Morphine
	Antidepressants	Heroin	Naltrexone
	Antipsychotics	Hydrocodone	Opiates
	☐ Barbiturates	Hydromorphine	Oxycodone
Maternal drugs used during antenatal period (check all that apply)	Benzodiazepines	Hydromorphone	Phencyclidine
	Buprenorphine (Subutex or Suboxone)	Kratom	Propoxphene
	Buproprion (e.g. Wellbutrin)	Marijuana/hash	☐ Tobacco/e-cigarettes
	Cocaine	Methadone	Tramadol
	Codeine	☐ Meperidine	Other
	Fentanyl		
* If Other, please specify		^	
Relating only to antenatal opioid use, indicate mother's treatment received during delivery and/or postpartum	Methadone	☐ No treatm	nent Other
	Buprenorphine (Subutex or Suboxone)	Unknown	
* If Other, please specify		^	



NAS Case Reporting Contact Information

Stacey Gustin, sgustin@pa.gov

Public Health Director,

Division of Newborn Screening,

Bureau of Family Health



Covid19

Information about Coronavirus (COVID-19)

- www.health.pa.gov
- Call 1-877-PA-HEALTH (1-877-724-3258)
- RA-DHCOVIDQUESTIONS@pa.gov



Thank you

