#### PA PQC June 11, 2020 Learning Collaborative: Peer to Peer Learning Handout

## **Maternal Mortality: Hypertension**

Site Name:	Key Interventions:
Allegheny Health	Pre-eclampsia specific discharge instruction sheets for elevated BP/pre-eclamptic pre-birth and post-
Network- Saint	birth patients with provider indicated range of BP expectations. (currently in DRAFT form)
Vincent Hospital	Provide each antepartum/postpartum elevated BP/pre-eclamptic discharged patient with automated BP
	cuff DME to take, track BP's outside of the hospital. (future plan – research vs provider order)
	• Provide each antepartum/postpartum discharged patient with <u>Save Your Life</u> magnets and <u>Save Your</u>
	<u>Life</u> flyers (implemented January 2019)
	• Share <u>Save Your Life</u> magnets and <u>Save Your Life</u> flyers with ED providers and staff. (December 2019)
	Signage in each ED triage room to notify any patient to tell/notify ED staff if they have recently given
	birth. ( <u>Save Your Life</u> information - December 2019)
Commonwealth	Provide education to Labor and Mom Baby staff on use of the appropriate size BP cuff and the
Health- Moses	appropriate way to obtain a BP.
Taylor Hospital	Developed scripting to help staff notify MD of severe range BPs.
	Development of Hypertensive Critical Event Checklist.
	• Education of Labor, Mom Baby, ED, and ICU staff on the use of the Hypertensive Critical Event Checklist.
Evangelical	We are currently participating in multi-disciplinary meetings to accomplish the following:
Community Hospital	Patient education opportunities
	Assessment, treatment, and follow-up protocols
	Standardized order set and discharge instructions
	Standardization of patient placement
	Staff education: office, inpatient and ED
	Simulation drills/ Badge buddies
	Data collection
Geisinger	Implementing checklist for HTN Crisis
	Providing simulation & drills for education
	Reviewing medication access
	Creating order sets to avoid unnecessary clinical variation
	• Instituted home BP monitoring for patients with a diagnosis of CHTN, GHTN or Pre-Eclampsia/Eclampsia
	prenatally and postpartum.

Site Name:	Key Interventions:
Lehigh Valley Health Network- Pocono	<ul> <li>All providers and nursing staff were educated with a Hypertension Disorders in Pregnancy module through GNOSIS</li> <li>Clinical Practice Guidelines (CPG) related to perinatal hypertension reviewed with all OB providers and OB nursing staff with ED providers being educated in the near future</li> <li>Daily interdisciplinary team rounding with reference to CPG's on HTN patients</li> <li>Submitted a Grant proposal collaboratively with ESU to have the nursing students provide blood pressure equipment and education to hypertensive pregnant patients in their home. Patients will proactively self-monitor and report blood pressures to OB office.</li> </ul>
Penn Medicine- Chester County Hospital	<ul> <li>Preeclampsia Pathway</li> <li>Hypertensive Management Pathway</li> <li>Postpartum Hypertension Pathway</li> <li>Adoption of Heart Safe Motherhood</li> </ul>
Punxsutawney Hospital	<ul> <li>Develop order sets for the ED for timely treatment of Hypertensive pregnant/postpartum patients</li> <li>Education of ED staff/physicians on identifying &amp; treating Hypertensive pregnant/postpartum patient using ACOG &amp; AIM guidelines</li> </ul>
St. Luke's University Health Network	<ul> <li>Verified with ED if current screening process is to determine if patient recently had a baby</li> <li>Enlisted our EPIC IT team members to assist us with building a screening tool to be used in ED</li> <li>Contacted WellSpan contact to get input on what they have included in their screening tool</li> <li>Ordered AWHONN magnets to distribute at discharge for mothers to put on fridge</li> </ul>
Tower Health- Reading Hospital	<ul> <li>HTN protocol in place by 7/1/20 (model after the California Quality Collaborative).</li> <li>AWHONN postbirth warnings signs education for staff and for all post-partum patients prior to discharge.</li> </ul>

Site Name:	Key Interventions:
UPMC Womens	Readiness:
Health Service Line	<ul> <li>Diagnostic criteria, monitoring and treatment of severe preeclampsia/eclampsia, algorithms, order sets, protocols, staff and provider education, unit-based drills, debriefs. Process defined for timely triage and inpatient, outpatient, and ED evaluation. Medications for treatment stocked and immediately available.</li> <li>Recognition and Prevention:</li> <li>Protocol for measurement and assessment of BP and labs for all pregnant and postpartum women</li> </ul>
	<ul> <li>Prenatal and postpartum patient education on signs and symptoms of hypertension and preeclampsia</li> <li>Implemented remote monitoring for outpatient B/P monitoring and symptomatology</li> <li>Implemented a new daily discern report providing the nursing staff with patients who have blood</li> </ul>
	pressures > 150/90 and communicate results to provider for further B/P management and a candidate for further remote monitoring.
	Response:
	Implemented Nurse Driven Protocol for ordering remote monitoring.
	<ul> <li>Provided take home toolkit for participants. Due to Covid-19, more patients are provided blood pressure cuffs in the outpatient setting.</li> </ul>
	Post birth warning sign magnets provided to all mothers upon discharge across UPMC
	Implemented Maternal Fetal Triage Index (MFTI) obstetrical triage rapid assessment tool
	Commercials and interviews by Medical Staff leaders on Maternal Morbidity & Mortality
	Draft system wide policy for assessing and managing HTN
	<ul> <li>Providing patients with purple wrist bands to be worn for the 4th trimester as a reminder to tell any healthcare provider they delivered and issue can be related to the recent delivery HTN.</li> </ul>
	Reporting:
	MMRC 3 system wide maternal death case reviews for 2019
	59% of patients enrolled in remote monitoring had medication management/interventions likely decreasing Emergency Department utilization and readmissions.
	Reduction in readmissions for HTN from 2019 to 2020 from 8 to 5%
	80% of patients continued to report their blood pressure 1-week post discharge
	80% of patients enrolled in remote monitoring in 2020, returned for their postpartum follow-up appointment in
	<ul> <li>Follow up phone calls for all post-partum discharges and documented in the EHR and concerns routed to the physician's office staff</li> </ul>

Site Name:	Key Interventions:
WellSpan Health	Completed:
	<ul> <li>Roll out of low dose aspirin screening in epic at the first OB visit</li> </ul>
	<ul> <li>Free aspirin provided at office</li> </ul>
	<ul> <li>Roll out of Relias OB education-Hypertension module complete</li> </ul>
	<ul> <li>Roll out of Meds to Beds (YH) to get severe HTN meds to patients prior to discharge.</li> </ul>
	<ul> <li>Implemented new policy on severe hypertension</li> </ul>
	<ul> <li>Implemented new physician guidelines on severe hypertension</li> </ul>
	<ul> <li>Implemented severe maternal morbidity reviews</li> </ul>
	<ul> <li>Creation of an Epic grease board alert to OB team of severe HTN and to trigger need for repeat</li> </ul>
	BP measurement in pregnant and postpartum women with severe hypertension
	• In process:
	<ul> <li>Creation of Education for ED nurses and providers (DONE)</li> </ul>
	<ul> <li>Creation of a system wide ED policy on the care of pregnant and postpartum women (DONE)</li> </ul>
	<ul> <li>Creation of a Post-Birth screen in the ED with BPA (DONE)</li> </ul>
	<ul> <li>Creation of drills on severe HTN and PPH</li> </ul>

## **Maternal Mortality: Hemorrhage**

Site Name:	Key Interventions:
Jefferson Health-	Hemorrhage data reviewed to determine predictive value of hemorrhage score
Thomas Jefferson	PPH risk score live in EMR
<b>University Hospital</b>	Identified need for hemorrhage cart on antepartum and postpartum unit
	Education on PPH emergency cards
	PPH Education via K2 online platform for all incoming staff
Penn Medicine-	Train champions to facilitate QBL process
Lancaster	<ul> <li>Feedback and process recommendations for clinical workflow</li> </ul>
General/Women and	<ul> <li>Communication/Education with teams</li> </ul>
Babies	Implemented EMR tool for PPH risk assessment (Go-Live 12/2/19)
	Inventory tools/equipment required for QBL process
	<ul> <li>Additional scale obtained for L&amp;D</li> </ul>
	Implemented QBL with EMR calculator (Go-Live 2/2/20)
	Order set changes approved by OBGYN Care Management team
	Established a method for reporting and determining baseline data
	OB Vaginal & Cesarean PPH reports built in EMR
	<ul> <li>Blood utilization and uterotonic usage reports</li> </ul>
	o QBL report

Site Name:	Key Interventions:
Penn Medicine- Pennsylvania Hospital	<ul> <li>Now include the risk assessment in every pre-op huddle (seen reduction in use of massive transfusion protocol)</li> <li>Increase in communication of risk assessment &amp; decrease in the need for the massive transfusion protocol</li> </ul>
Penn State Health- Hershey Medical Center & Children's Hospital	<ul> <li>Development of written evidenced-based guidelines for management of acute hypertensive emergency in pregnant and postpartum patients</li> <li>Staff education (initial and ongoing)</li> <li>Availability of guidelines in the electronic manual(s) and posted on the unit</li> <li>Development of a quick reference tool/checklist based on the written guidelines</li> <li>Placement of medications in L&amp;D Pyxis machine for quick and easy access</li> <li>Distribution of an education module on hypertensive crisis in pregnancy and postpartum to staff in other related adult patient-care areas (ED, Surgical Anesthesia Intensive Care Unit, etc).</li> </ul>
St. Clair Hospital	<ul> <li>Unit-standard, stage-based, obstetric hemorrhage emergency management plan with checklists</li> <li>Quantification of blood loss</li> <li>Standards for early warning signs, diagnostic criteria, monitoring and treatment of severe preeclampsia/eclampsia (include order sets and algorithms)</li> <li>Establish a culture of huddles for high risk patients and post-event debriefs to identify successes and opportunities</li> </ul>
Temple University Hospital	<ul> <li>Risk assessment for every patient</li> <li>Implement the hemorrhage protocol (everything will be consistent)</li> <li>Hemorrhage cart</li> <li>Running Drills</li> <li>Cultural diversity training</li> <li>Pain Management protocol</li> </ul>
Tower Health- Reading Hospital	<ul> <li>Create standard for prenatal identification of high risk patients, quantitative blood loss, and early interventions</li> <li>All nurses, providers attend yearly sim. QBL roll-out scheduled for 3/7/20; Sims – yearly</li> <li>Policy / protocol in place and communicated by 7/1/20</li> </ul>

Site Name:	Key Interventions:
UPMC Womens	Readiness:
Health Service Line	• Includes: hemorrhage cart supplies, checklist, algorithms, hemorrhage medication kit, response team, advanced gynecologic surgery, massive transfusion protocols, unit guidelines, unit-based drills with post-drill debriefs, and staff/provider education
	Recognition and Prevention:
	Standardized assessment tool.
	Admission, other appropriate times
	Measurement from EBL to QBL & defined quantity
	Response:
	Support programs for patients, families, staff
	• Service Line MMRC has been established, meeting held February 17, 2020, 3 cases reviewed from 2019 and shared recommendations with UPMC PQC Leadership.
	May 27, 2020 MMRC findings presented to the UPMC Perinatal PQC
	<ul> <li>Workgroups to be formed to address recommendations.</li> </ul>
	Conduct tracers for compliance to 2020/2021 The Joint Commission Standards
	Draft system wide policy for assessing and managing PPH
	Established a Service Line Education Committee to address opportunities identified in the Gap     Assessment
	<ul> <li>PPH protocol, addressing key elements within the 4 domains.</li> </ul>
	Plan to procure new medical device called Jada for managing PPH
	Reporting:
	Event reporting to Risk/Quality Department
	Multidisciplinary review for opportunities in systems and processes
	Internal hospital systematic reviews are conducted per occurrence
	Monitor outcomes and metrics via Obstetrical Dashboard all hospitals have direct access
	Report as appropriate to various committees

## **Maternal Mortality: Timely Fourth Trimester Contact**

Site Name:	Key Interventions:
Jefferson Health-	Standardized guidelines for PP follow-up (current focus on Htn and PPD)
Abington Hospital	Interprofessional postpartum rounding on inpatient Mother-baby units
	Developing standardized guidelines for postpartum follow-up

#### **Maternal OUD**

Site Name:	Key Interventions:
Allegheny Health	Screen pregnant women for substance misuse and physical and behavioral health co-morbidities using
Network- Forbes	validated screens in office and upon admission if not previously completed.
Hospital	<ul> <li>Social work will connect women to treatment and supportive resources.</li> </ul>
Allegheny Health	Work with IT department to develop online tablet-based 5P questionnaire
Network- Jefferson	<ul> <li>Development of a system-wide algorithm for further assessment and possible treatment based on 5P</li> </ul>
Hospital	score. This includes referral to the Perinatal Home Program within AHN as well as phone consultation by social work
	• 5/7/20: Teaching of all providers regarding 5P tool and how/when to implement. Discussed referral for services
	• 5/11/20: Implementation of the 5P screening tool starting at all NOB visits for Jefferson Women's Health and Allegheny Health Midwives
	• 5/12/20: Meeting with L&D nurses to discuss 5P tool and review how it will be utilized eventually on admission to L&D.
Allegheny Health	Staff Education – See NAS QI update
Network- Saint	Provider documentation education
Vincent Hospital	Incorporate information on Growing Hope program and support available for addicted moms-to-be
Geisinger	Implementing universal NIDA screening
	Implementing a clinical pathway for positive screens
	Re-educating on urine toxicology protocol
<b>Guthrie Hospital</b>	Finding a validated screening tool- chose 4P's tool
	Educating staff and training on chosen tool
	Implement screening of all pregnant women at least once during prenatal care (to start)
Jefferson Health-	Universal Screening with 5Ps tool at first prenatal visit & all triage & inpatient admissions to L&D
Abington Hospital	
Lehigh Valley	Educate all Prenatal Care Providers on the 4P's and scripting
Health Network-	Educate on the referral process to the LSW
Pocono	Provide educational materials to pregnant women with OUD
	Created an OB nurse navigator position to follow at risk patients from prenatal through post-partum
	for compliance
Main Line Health	Working with MLH Clinical Informatics regarding enhancement of Risk Assessment
	Completed Social Work Evaluation of Outpatient Resources
	Developed Education Plan and 2020 Timeline to include (post-poned due to Covid-19):
	<ul> <li>NAS Education Brochure for Parents</li> </ul>
	Computer Based Training Education for All Providers
	o Grand Rounds with Dr. Gary Stoner

Site Name:	Key Interventions:
Penn Medicine-	Completed process mapping, gap analysis, Affinity Diagram, & brainstorming
<b>Chester County</b>	Evaluated screening tools; Agreed to use 5P's screening tool
Hospital	Engaged County & Community representatives
Penn Medicine-	Creation of a template for a prenatal consult for pregnant women in OUD
Hospital of the	Educate/email OB staff about need for prenatal consultation when able (& why)
University of	Assigned El referral (through EMR) to neonatal NP who tracks all OENs in our hospital
Pennsylvania	
Penn State Health-	Gain consensus and approval on a validated screening tool to screen all pregnant women for
Hershey Medical	substance use <b>Done</b>
Center & Children's	Draft a paper patient-friendly form to screen patients at the time of the first prenatal appointment
Hospital	Done
	Develop workflow to identify: who will respond to patients who screened positive; who will refer
	patients to treatment; and to whom can we refer our patients. <b>Done</b>
	Draft Substance Use Treatment Referral Reference List- <b>Done</b>
	Provide unbiased non-judgmental, trauma-informed care:
	<ul> <li>Complete baseline attitudes measurement staff survey <b>Done</b></li> </ul>
	<ul> <li>Provide education/intervention Done</li> </ul>
	<ul> <li>Complete reassessment through the attitude's measurement staff survey</li> </ul>
	Complete staff education regarding:
	<ul> <li>The 5Ps tool and screening rationale. Done</li> </ul>
	<ul> <li>The 5Ps screening process and SBIRT. Done</li> </ul>
St. Clair Hospital	We began using the 5Ps tool for outpatient prenatal visits and inpatient admissions to our hospital in
	June 2019.
	We coordinated with the affiliated OB offices for them to utilize this tool for screening their pregnant
	patients in the office setting, starting with the 1st prenatal visit and then again in the 2nd and 3rd
	trimester.
	We provided the OB offices with referral forms to be faxed to our Level 2 Nursery Coordinator for
	follow-up care. When our nursery coordinator receives a referral, she reaches out to the family to
	discuss the care they can expect when they arrive for their delivery.
	We educated inpatient nursing staff on 5Ps screening tool, and implemented it to be utilized on all
	patients admitted.
Tower Health-	Clinical pathway for pregnant women with OUD
Reading Hospital	o Screening for SUD
	<ul> <li>Hospital observation for MAT induction, methadone and buprenorphine offered</li> </ul>
	<ul> <li>Connection with methadone program in county.</li> </ul>
	<ul> <li>Suboxone maintenance program at Women's Health Center for pregnant women with OUD.</li> </ul>
	<ul> <li>Intensive case management with the COE, drug and alcohol treatment, social services,</li> </ul>
	prenatal development of Plan of Safe Care, connection with Early Intervention, prenatal
	parent education on NAS.

Site Name:	Key Interventions:
Site Name:  UPMC Womens Health Service Line	Access:
	Report as appropriate to various committees
Wayne Memorial Hospital	<ul> <li>Use of standardized codes &amp; documentation for SEN's and NAS. Including specific ICD codes for OEN's</li> <li>Educate staff re: OEN and NAS, trauma informed care and MD wise guidelines.</li> <li>Develop screening criteria for prenatal ID of infants at risk</li> <li>Provide family education about NAS and what to expect.</li> </ul>

# **Neonatal Abstinence Syndrome (NAS)**

Site Name:	Key Interventions:
Allegheny Health	Two NICU RN's researched & developed education in classroom format to teach all WAIC staff proper
Network- Saint	methods & tips to use when assessing neonates for withdrawal using Modified Finnegan Assessment
Vincent Hospital	Upon completion of education, skill validation will be done by core group of 6 NICU RN's.
	Each staff RN must perform 10 assessments proficiently for skill validation
	Comparison of retrospective RN assessment scores and post-education/validation scores by each RN

Site Name:	Key Interventions:
Allegheny Health	Decrease rate of smoking & un-prescribed drug use in mothers enrolled in Perinatal HOPE Program
Network- West	Implementation of the Eat-Sleep-Console strategy for the management of NAS
Penn Hospital	Improve communication and provide education to referring PCP's
Doylestown	Educated all staff on Eat, Sleep, Console Approach, will perform inter-rater reliability assessment.
Hospital	Created and currently use NAS Order Sets with standardized medication dosing and faster weaning.
	Educated staff and parents regarding non-pharmacological interventions. Empower parents to provide
	these interventions to their baby.
	Reaching out to obstetric providers to refer pregnant women with OUD to hospital team in order to
	begin prenatal education, tour unit and discuss care of infant prior to delivery.
<b>Einstein Medical</b>	continued use of new treatment guidelines & Mother score
Center Philadelphia	implement prenatal joint nurse/doc consults with moms
	informational pamphlet for families
	pilot Eat, Sleep, Console approach in an open bay type NICU
Einstein Medical	Multidisciplinary monthly meetings to improve all 3 focus areas
Center	NAS pamphlets for OB; presenting info at their monthly meeting
Montgomery	Transportation and Food Vouchers for parents to stay with infants
	Actively educating staff to transition to Eat, Sleep, Console
	Supportive care equipment (blankets, MamaRoos, Ergo Baby, etc)
	Attending Plan of Safe Care meetings
	Developing both EMCM hospital and CHOP Network policy for ESC
	Breastfeeding "Traffic Lights"
	Community outreach to Methadone Clinic
	Infant massage training
	Facility enhancements
Jefferson Health –	Implementation of Eat, Sleep, Console tool for NAS assessment
Abington Hospital	
Mount Nittany	Help mothers recognize they are the treatment with new welcoming brochure
Health System-	Increase staff interest and knowledge with VON training
Mount Nittany	Maximize non-pharmacologic treatments for NAS, consider implementation of Eat-Sleep-Console;
Medical Center	standardize medication usage and/or consider PRN use
Penn Medicine-	Review pharmacologic treatment for every OED newborn from 3/1/2019 - 8/31/2019 to determine
Pennsylvania	total medication use & weaning process
Hospital, Newborn	
Medicine	
Penn State Health-	Universal collection of meconium at delivery or transfer
Hershey Medical	Cerner (EHR) order and task created
Center & Children's	Store refrigerated specimen for 7 days
Hospital	Go-Live Date: June 1st, 2020

Site Name:	Key Interventions:
St. Luke's University	Working with IT to create an EPIC report to accurately identify any babies with NAS & who are
Health Network	affected by OUD
	PA PQC core team: working on completing the required NAS education to build competence &
	consistency within our NAS scoring throughout the network
Temple University	Education to Moms pre/post delivery
Hospital	Getting OUD screening into EPIC
	Research for what is currently available for Eat, Sleep, Console
Thomas Jefferson	1. Improve Parental and Staff Education
University Hospital-	ICN nurses to treatment program for education sessions
Center City	Educational materials and provider education at OB clinic
(Intensive Care	Breast feeding education during methadone/buprenorphine stabilization hospitalization
Nursery /Well Baby	Standardized prenatal neonatology consult
Nursery)	2. Improve Breast Pump Access
	Coordinating with WIC
	Standardized process with post-partum and case management
	3. Improve Treatment Program Involvement in supporting breast feeding
	Working with new management to
	improve maternal access from inpatient treatment to hospital
	Create pumping and milk storage space
	Support leaving sessions to pump
	4. Improve breast feeding support while in hospital
	Improving lactation consultant access
	Support skin-to-skin in NICU
	Encourage early breast feeding in DR, upon post-partum arrival
Tower Health-	• Implement "Eat Sleep Console" program on Specialty care unit. (Moms will room-in with newborns.)
Reading Hospital	Transfer family to pediatrics when mother is discharged.
	Staff education, music therapy, cuddlers, OT, patient/family education, community education

Site Name:	Key Interventions:
UPMC Womens	Access:
Health Service Line	<ul> <li>Maternal medical support to prevent withdrawal during pregnancy</li> </ul>
	<ul> <li>Provide regular prenatal and other medical appointments</li> </ul>
	Prevention:
	<ul> <li>Minimize fetal exposure to illicit substances</li> </ul>
	<ul> <li>Engage mother as a leader in her recovery</li> </ul>
	Response:
	o Parent Partnership Unit (PPU)
	<ul> <li>Eat, Sleep, Console (ESC) implemented and spreading across system</li> </ul>
	<ul> <li>April 2020 Dr. Greg Barretto presented concept at UPMC PQC 2020</li> </ul>
	<ul> <li>May 2020 conducted team training on Eat, Sleep, Console for Northwest, Horizon, Hamot, Cole</li> </ul>
	<ul> <li>Developing a PPU model at each hospital based on each hospital's capabilities/resources</li> </ul>
	<ul> <li>Developing a service line SUD Committee with membership consisting with representatives from</li> </ul>
	each hospital for Plans of Safe Care.
	Reporting:
	o Pa DOH of all NAS occurrences
	<ul> <li>Internal leadership and appropriate committees e.g. NICU</li> </ul>