

### Moving on Maternal Depression (MOMD)

Improving Perinatal Depression Screening and Follow-up Services and Reducing Racial Disparities

Chaunda Cunningham, LSW, Clinical Practice and Home Visiting Manager, Healthy Start, Inc. Saleemah McNeil, CLC, MS, MFT, Reproductive Psychotherapist & Founder/CEO, Oshun Family Center

# In PA, maternal mortality rates are 3X higher for black women than white women

Perinatal depression the #1 most common complication

Maternal suicide exceeds hemorrhage and hypertension disorders as causes of maternal deaths

Black communities have endured centuries of institutionalized harm and racism in the US

# PA PQC MOMD Task Force

Creating a Change Package and Survey

**2** Co-Chairs

Saleemah McNeil & Chaunda Cunningham

85 statewide members

Doulas, Providers, Community Resources, Medicaid MCOs, Commercial Health Plans, State Agencies, Advocates, & Associations

## **MOMD Change Package**

#### Section 1: Why

Maternal Mental Health Conditions Are a Leading Cause of Pregnancy-Related Deaths
Opportunity to Improve Maternal Depression Screening and Follow-Up Services
Systemic Racism is a Public Health Crisis, Affecting Maternal Depression Screening and Follow-up Rates

#### Section 2: Implementing Depression Screening and Follow-up

Implementation Strategies and Tactics
Screening Protocols
Maternal Depression Follow-up Services
Financing

Section 3: Closing Gaps in Racial Disparities with Anti-Racism Strategies

## **MOMD** Timeline

PA DHS
Participates
in CLASP's
MOMD
Technical
Assistance
Project

https://www .clasp.org/sit es/default/fil es/publicatio ns/2018/11/ MOMD%20O nePager.pdf August September October November December

Task Force Develops Change Package and Survey

Task Force Shifts to Advisory Role & Helps PA PQC MOMD Sites Organize Community Listening & Action Sessions

PA PQC
Announces
Survey & Change
Package during
9/3 Session

PA PQC Sites
Complete Survey
and Opt to Join
MOMD by 9/24

5 to 10 PA PQC MOMD Sites Selected based on Readiness and Community Need, and Paired with PA PQC Coach to:

- Expand/strengthen MOMD champions & teams
- ✓ Assess current condition
- ✓ Work with a community organization to organize a virtual community listening and action session to inform workflows
- ✓ Create workflows for depression screening and follow-up
- ✓ Train teams in new protocol
- ✓ Go live with depression screening and follow-up protocol
- ✓ Start tracking depression screening and follow-up data by race in PQC Data Portal, continuing into 2021

https://www.whamglobal.org/focus-areas/papqcmaternaldepression