#### PA PQC March 24, 2021 Learning Collaborative: Peer to Peer Learning Handout

#### **Maternal Mortality: Hypertension**

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Allegheny Health Network- Saint Vincent Hospital	Provide each antepartum/postpartum elevated BP/pre-eclamptic discharged patient with automated BP cuff DME to take, track BP's outside of the hospital (Target go live currently on hold)	
Einstein Medical Center Montgomery Beginning	<ul> <li>Education about HTN with every staff member (RN, PCA, midwives, physician)</li> <li>HTN medications made available in every med station</li> <li>Cognitive aids posted in units (Triage, L&amp;D, mother/baby)</li> <li>Provided updated information on post-partum unit to every mother (AWHONN Save your life)</li> <li>UPCOMING: Education in ED (in discussion with OB Chief and ED)</li> </ul>	<ul> <li>How are inpatient units are tracking outpatient follow up?</li> <li>Best types of outpatient education?</li> </ul>
Evangelical Community Hospital Sustaining	<ul> <li>Our Severe Hypertension Protocol for Obstetric Patients is easily located on the Tools list in our EMR.</li> <li>We also have a Severe Hypertension binder with the protocol, antihypertensive medication algorithms, Severe HTN/ Preeclampsia order set, and our hospital procedure for Severe HTN/ Preeclampsia.</li> </ul>	<ul> <li>How to hold our obstetric providers accountable to the Severe Hypertension protocol.</li> </ul>
Geisinger Ongoing	<ul> <li>AIM Bundle</li> <li>Implementing checklist for HTN Crisis</li> <li>Providing simulation &amp; drills for education</li> <li>Reviewing medication access</li> <li>Creating order sets to avoid unnecessary clinical variation</li> <li>Instituted home BP monitoring for patients with a diagnosis of CHTN, GHTN or Pre-Eclampsia/Eclampsia prenatally and postpartum (GHP patients only).</li> <li>Comprehensive reviews of each non-compliant case to understand our gaps in care and whether or not they are justified.</li> </ul>	How do hospitals leverage the emergency department so that they provide the same care to immediate postpartum women when they return to the ED with HTN crisis?
Lehigh Valley Health Network- Pocono	<ul> <li>All providers and nursing staff were educated with a Hypertension Disorders in Pregnancy module through GNOSIS</li> <li>Clinical Practice Guidelines (CPG) related to perinatal hypertension reviewed with all OB providers and OB nursing staff with ED providers being educated in the near future</li> <li>Daily interdisciplinary team rounding with reference to CPG's on HTN patients</li> <li>Submitted a Grant proposal collaboratively with ESU to have the nursing students provide blood pressure equipment and education to hypertensive pregnant patients in their home. Patients will proactively self-monitor &amp; report blood pressures to OB office.</li> </ul>	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Moses Taylor Hospital Ongoing	<ul> <li>Development of a Hypertensive emergencies in OB- Severe Pre-eclampsia- Critical Event Checklist.</li> <li>Development of a Hypertensive emergencies in OB-Seizures/eclampsia- Critical Event Checklist.</li> <li>Development of a Hypertension Emergency card that can be worn with ID badges.</li> <li>Development of a Hypertensive Emergency competency which includes the appropriate way to obtain a blood pressure. Competency is completed yearly.</li> <li>Education to all ED staff and ICU staff on management of hypertension in the OB population.</li> <li>Departmental tabletop drills/ discussion concerning the management of patients with hypertension.</li> <li>Completion of a Blood Pressure/ Hypertensive Monitor to help with the identification of severe range blood pressures and time hypertensive medications were administered.</li> <li>Implementation of Perigen software to monitor and alarm with out-of-range EFM strips and maternal vital signs.</li> <li>Implementation of the AWHONN Post- Birth Warning Signs as discharge instructions for going home.</li> </ul>	<ul> <li>How everyone is able to get other department (ICU and ED) with treating severe range pressures of 160/110?</li> <li>Other possible educational avenues used for education on this topic.</li> <li>What other hospitals are doing for blood pressure management of postpartum patients after discharge?</li> </ul>
Penn Medicine- Chester County Hospital	<ul> <li>Preeclampsia Pathway</li> <li>Hypertensive Management Pathway</li> <li>Postpartum Hypertension Pathway</li> <li>Adoption of Heart Safe Motherhood</li> </ul>	How were you able to sustain improvements made with managing hypertensive disorders?
Penn Medicine- Lancaster General/Women and Babies Beginning	<ul> <li>Identified physician and unit-based champions to participate in sub-committee of care management team         <ul> <li>Completed assessment of current state with champions and identified areas of opportunity to improve standardization and care.</li> <li>Established a target condition to further identify stakeholders and develop an action plan</li> </ul> </li> <li>Developed provider and nursing education – Jan 2021</li> <li>Updated order sets to assist with antihypertensive medication ordering – Jan 2021</li> <li>Refine EMR best practice alerts for preeclampsia to better target treatment of severe range hypertension – In progress</li> <li>Established a method for reporting and determining baseline data         <ul> <li>Validated current preeclampsia pathway report provides correct information</li> </ul> </li> </ul>	We would like to hear from other hospitals who have leveraged their EMR to assist with identification and treatment of patients with severe range BP's.

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Penn State Health- Hershey Medical Center and Children's Hospital Ongoing	<ul> <li>Development of written evidence-based guidelines for management of acute hypertensive emergency in pregnant and postpartum patients (completed)</li> <li>ED, ICU, and WHU nursing staff education (completed/ongoing)</li> <li>Availability of guidelines in the electronic manual(s) and posted on the unit (completed)</li> <li>Development of a quick reference tool/checklist based on the written guidelines (completed)</li> <li>Placement of medications in Mediation Pyxis machines for quick and easy access (completed)</li> <li>OB Provider education distributed and tracked via an electronic education module (in progress)</li> <li>Provide education on hypertensive crisis in pregnancy and postpartum to providers in other related locations and specialties (ED, Anesthesia, Trauma, etc.) (in progress)</li> <li>Collaborative interdepartmental meeting(s) with WHU and ED to review treatment guidelines and specific clinical opportunities (in progress)</li> <li>Conduct team debriefs with team members caring for a patient with hypertensive emergency (coming soon)</li> <li>Complete case revies for patients who were not treated within 60 minutes, per the PA PQC measure. Disseminate key findings and improvement opportunities at the monthly WHU interdisciplinary forum (completed/ongoing)</li> <li>Conduct interdisciplinary simulations on hypertensive emergencies biannually or more frequently (completed/ongoing)</li> </ul>	How are you providing and tracking education completed for providers outside of OB specialty?
Punxsutawney Hospital St. Clair Hospital	<ul> <li>Develop order sets for the ED for timely treatment of Hypertensive pregnant/postpartum patients</li> <li>Education of ED staff/physicians on identifying &amp; treating Hypertensive pregnant/postpartum patient using ACOG &amp; AIM guidelines</li> <li>AIM Bundle</li> </ul>	Data tracking tips.
	<ul> <li>Unit-standard, stage-based, obstetric hemorrhage emergency management plan with checklists</li> <li>Quantification of blood loss</li> <li>Standards for early warning signs, diagnostic criteria, monitoring, and treatment of severe preeclampsia/eclampsia (include order sets and algorithms)</li> <li>Establish a culture of huddles for high-risk patients and post-event debriefs to identify successes and opportunities</li> </ul>	<ul> <li>Discussion/debrief with families</li> <li>HIS/EMR Support – tips on how other organizations built tools to help collect data from the EMR</li> </ul>

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
St. Luke's University Health Network	<ul> <li>Verified with ED if current screening process is to determine if patient recently had a baby</li> <li>Enlisted our EPIC IT team members to assist us with building a screening tool to be used in ED</li> <li>Contacted WellSpan contact to get input on what they have included in their screening tool         <ul> <li>Ordered AWHONN magnets to distribute at discharge for mothers to put on fridge</li> </ul> </li> </ul>	
Tower Health- Reading Hospital	<ul> <li>HTN protocol in place by 7/1/20 (model after the California Quality Collaborative).</li> <li>AWHONN post birth warning signs education for staff &amp; for all post-partum patients prior to discharge.</li> </ul>	
UPMC Womens Health Service Line	<ul> <li>Readiness:</li> <li>Diagnostic criteria, monitoring &amp; treatment of severe preeclampsia/eclampsia, algorithms, order sets, protocols, staff &amp; provider education, unit-based drills, debriefs. Process defined for timely triage &amp; inpatient, outpatient, &amp; ED evaluation. Medications for treatment stocked and immediately available.</li> <li>Recognition and Prevention:</li> <li>Created prenatal and postpartum patient education on signs and symptoms of hypertensive pregnancy disorders to align with new perinatal TJC standards.</li> <li>Expanding remote monitoring for outpatient B/P monitoring and symptomatology and is currently being spread to the other system hospitals. Last quarter HZN and NW, Hamot and Altoona next.</li> <li>Adding to the banner bar in Cerner EHR an alert that the patient is postpartum for 6 weeks after birth as an additional alert for ED providers that a pts visit may be related to they recently gave birth versus a non-pregnancy related condition.</li> <li>Response:</li> <li>Implemented Nurse Driven Protocol for ordering remote monitoring.</li> <li>Provided take home toolkit for participants. Due to Covid-19, more patients are provided blood pressure cuffs in the outpatient setting.</li> <li>Post birth warning sign magnets provided to all mothers upon discharge across UPMC</li> <li>Implemented Maternal Fetal Triage Index (MFTI) obstetrical triage rapid assessment tool</li> <li>Finalized System wide policy for assessing and managing HTN.</li> <li>Rolled out to all 15 hospitals providing patients with purple wrist bands to be worn for the 4<sup>th</sup> trimester as a reminder to tell any healthcare provider they delivered, and issue can be related to the recent delivery HTN.</li> </ul>	What are their strategies for meeting the educational needs of patients with language barriers?

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
WellSpan Health	Completed:	
	Roll out of low dose aspirin screening in epic at the first OB visit	
	Free aspirin provided at office	
	Roll out of Relias OB education-Hypertension module complete	
	Roll out of Meds to Beds (YH) to get severe HTN meds to patients prior to discharge.	
	Implemented new policy on severe hypertension	
	Implemented new physician guidelines on severe hypertension	
	Implemented severe maternal morbidity reviews	
	Creation of an Epic grease board alert to OB team of severe HTN and to trigger need for	
	repeat BP measurement in pregnant and postpartum women with severe hypertension	
	Education on SMM for all ED nurses rolled out at each entity	
	System wide ED policy approved by the ED system workgroup	
	System wide debriefing form created and approved by the WCSL Education Committee	
	In process:	
	Post-birth screen in the ED with BPA (DONE) goes live Sept. 15th	

#### **Moving on Maternal Depression (MOMD)**

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
WellSpan	We are essentially following all of the MOMD steps.	Implications for documentation in the maternal
Health	<ul> <li>Ensuring system wide follow up for women with increased scores-increasing access to resources system wide</li> </ul>	record, how to start community conversations to address this topic.
Ongoing	<ul> <li>Have postpartum case manager who will call all women who score high at discharge. She is also available for referral in the prenatal and postpartum setting.</li> </ul>	
	<ul> <li>Embedding alerts and improved documentation into the EHR-BPA to fire with high EPDS scores</li> </ul>	
	<ul> <li>Required documentation on discharge summary of any patient with an increased EPDS score.</li> </ul>	
	<ul> <li>Increasing patient education in Babyscripts on mental health—including Spanish materials</li> </ul>	
	Working on developing process to screen for PPD in NICU	
	Screening in the PEDS/Family practice visit—BPA created	
	Creating a data dashboard to track system wide screening and follow up	

# Immediate Postpartum Long-Acting Reversible Contraception (IP LARC)

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Geisinger Medical Center (GMC)	<ul> <li>(Re)educate providers and nurses on IUD insertion immediately postpartum.</li> <li>Clarified billing, coding, and reimbursement processes.</li> <li>Clarified patient eligibility for reimbursement outside of the DRG.</li> <li>Improving device access on L&amp;D (storage).</li> </ul>	<ul> <li>Have you performed a cost-benefit analysis to determine the financial impact of providing this service within vs. outside of the DRG?</li> <li>How are you handling lack of reimbursement</li> </ul>
Ongoing	Assessing patient desire for IP LARC.	outside of the DRG from commercial payers?
Geisinger Wyoming Valley (GMV) Ongoing	<ul> <li>(Re)educate providers and nurses on IUD insertion immediately postpartum.</li> <li>Clarified billing, coding, and reimbursement processes.</li> <li>Clarified patient eligibility for reimbursement outside of the DRG.</li> <li>Improving device access on L&amp;D (storage).</li> <li>Assessing patient desire for IP LARC.</li> </ul>	<ul> <li>Have you performed a cost-benefit analysis to determine the financial impact of providing this service within vs. outside of the DRG?</li> <li>How are you handling lack of reimbursement outside of the DRG from commercial payers?</li> </ul>
Main Line Health, Lankenau Medical Center Beginning	<ul> <li>"Desires IPLARC" has been implemented as a field in the EMR</li> <li>Education for providers, residents, and staff about offering and documenting LARC desire and LARC placement – supply, role, etc.</li> <li>Prenatal patients are educated about pros/cons of IPLARC, and determination of interest is obtained</li> </ul>	<ul> <li>How are sites managing the data collection process?</li> <li>What is the most effective workflow for monthly reporting?</li> </ul>
St. Luke's University Hospital- Anderson campus	<ul> <li>Provide counseling materials to outpatient offices and labor &amp; delivery</li> <li>Using EMR to identify patients who desire and receive LARC</li> </ul>	
St. Luke's University Hospital- Allentown campus	<ul> <li>Provide counseling materials to outpatient offices and labor &amp; delivery</li> <li>Using EMR to identify patients who desire and receive LARC</li> </ul>	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
UPMC Horizon	• Ensure IT systems are modified to document acquisition, stocking, ordering, placement, counseling, consent, billing, and reimbursement for IPLARC.	We are still in the process of rolling out LARC.     Nexplanon's for starters and moving to
Ongoing	Notify prenatal offices about IPLARC. Assure patient receives comprehensive	Postplacental IUD's.
	contraceptive counseling prenatally.	On-going education and training options are
	Modify L&D, OB OR, postpartum workflows to identify and have devices available for	helpful.
	pts desiring LARC. Store LARC devices for easy access in a timely manner.	
	<ul> <li>Educate clinicians, community partners and nurses on informed consent and</li> </ul>	
	shared decision making.	
	Involve pharmacy for obtaining the device & distribution to ensure timely placement.	
	Assure billing codes are in place and that staff in all necessary departments are	
	educated on correct billing procedures- device and procedure costs.	
	Participate in hands-on training of IPLARC insertion.	
	Shared UPMC consent processes for IPLARC to customize for each hospital.	
	Educate providers, nurses, lactation consultants, social workers about clinical	
	recommendations related to IPLARC placement and breastfeeding.	
	Connect with providers and staff at prenatal care sites to ensure they are aware the	
	hospital is providing IPLARC and that education materials are available.	
	Assure patient receives comprehensive contraceptive counseling prior to discharge.	
UPMC	Harrisburg:	We are still in the process of rolling out LARC.
Harrisburg,	Plan to provide IP IUD insertion education to pilot practice providers over the new few	Nexplanon's for starters and moving to
Williamsport	months and finalize IP LARC with IUD processes with pharmacy.	Postplacental IUD's.
	o Brainstorm best way for storage of devices in L&D (challenge due to the box size of	<ul> <li>On-going education and training options are</li> </ul>
Beginning	the IUDs)	helpful.
	Plan to present data at department meeting after a period of a few months, in an	
	attempt to gain buy-in from all practices (they all have patients with either MA or	
	UPMC commercial insurances, so expanding to those groups would better serve our	
	population as a whole)	
WellSpan Health	Assess baseline data on the provision of PPTL	How to handle lack of insurance coverage
Designing	Assessing data on cost of Nexplanon and insurance coverage	outside of Medicaid.
Beginning	Approved system wide nursing policy on IPLARC	
	Working with pharmacy to ensure IPLARC is available at each facility.	
	Meetings occurring at each 2 entities (Gettysburg and Ephrata) to move forward	
	initiative	
	Working on provider guidelines	

## **Maternal OUD**

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Allegheny Health	Have OB offices send list of patients who have positive screen.	·
Network- Forbes	Social work able to initiate plan before patient even arrives for delivery.	
Hospital	• Social work to reach out to other facilities to see how they are working through this.	
Allegheny Health	We provided staff-wide education on SUD/OUD as well as use of the 5P screening	Their facility's urine drug testing and sending of
Network- Jefferson	tool.	cord stats in relation to implementation of a 5P
Hospital	We began screening all pregnant people for OUD/SUD in the outpatient setting.	screen.
	We refer appropriate patients to our Perinatal Hope Program and/or a social worker	
	to more fully identify their needs and make a plan for the remainder of their	
	pregnancy care.	
	We educated our inpatient staff and started using the 5P screen inpatient on any	
	patient without a previous outpatient screen.	
Allegheny Health	Staff Education	
Network- Saint	Provider documentation education (completed)	
Vincent Hospital	Laminated tip sheets located at provider PC's	
	Incorporate information: SVH Growing Hope program & community support	
	available for addicted moms-to-be	
	Utilization of NAS informational booklet (implemented), access in provider	
	<ul> <li>offices and community locations</li> <li>Distribution of community agency support listing (in process, target for</li> </ul>	
	<ul> <li>Distribution of community agency support listing (in process, target for completion – November 2020)</li> </ul>	
Conemaugh	Solidifying reporting process used to capture women screened for SUD and OUD.	
Memorial Medical	<ul> <li>Identification of standardized and universal screening tool.</li> </ul>	
Center	Implementation of screening tool across all practices.	
Einstein Medical	No workflow in current state	
Center Philadelphia	<ul> <li>Solution- work with current MAT program pilot to determine how to perform</li> </ul>	
	out-patient screening for OUD	
	Need standardized screening tool	
	<ul> <li>Solution- choose tool from ones presented at PA PQC and work with MAT</li> </ul>	
	program pilot leaders to coordinate efforts	
	Change in workflow for providers and MA staff	
	<ul> <li>Solution- develop educational plan for provider and MA staff</li> </ul>	
	Lack of provider resources for SBIRT	
	Solution- develop multi-disciplinary team to determine utilization of resources	
Evangelical	Positive screening initiates a plan of care by an obstetrical provider and consult with	Learn about resources that we can give to
Community	Care Management as needed.	patients with a positive screening.
Hospital		Are patients reluctant with being honest on the
Beginning		screening tool?

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Geisinger	Implementing universal NIDA screening in L&D and Outpatient	Process for when patient refuses to complete
Bloomsburg	Implementing a clinical pathway for positive screens	screening tool?
Ongoing	Re-educating on protocol for when to obtain a urine drug test	<ul> <li>Or mother refuses to give urine sample?</li> </ul>
		How to implement and track universal
		screening and adherence to algorithm in
		outpatient prenatal clinics?
Geisinger	Implementing universal NIDA screening in L&D and Outpatient	Process for when patient refuses to complete
Community Medical	Implementing a clinical pathway for positive screens	screening tool?
Center	Re-educating on protocol for when to obtain a urine drug test	<ul> <li>Or mother refuses to give urine sample?</li> </ul>
		How to implement and track universal
Ongoing		screening and adherence to algorithm in
		outpatient prenatal clinics?
Geisinger	Implementing universal NIDA screening in L&D and Outpatient	Process for when patient refuses to complete
Lewistown	Implementing a clinical pathway for positive screens	screening tool?
Ongoing	Re-educating on protocol for when to obtain a urine drug test	Or mother refuses to give urine sample?
Ongoing		How to implement and track universal
		screening and adherence to algorithm in
Caisingan Whamaing	Local constitution of a contability of the first of the f	outpatient prenatal clinics?
Geisinger Wyoming	Implementing universal NIDA screening in L&D and Outpatient	Process for when patient refuses to complete
Valley	Implementing a clinical pathway for positive screens	screening tool?
	Re-educating on protocol for when to obtain a urine drug test	Or mother refuses to give urine sample?
Ongoing		<ul> <li>How to implement and track universal screening and adherence to algorithm in</li> </ul>
Oligonia		outpatient prenatal clinics?
Guthrie Hospital	Finding a validated screening tool- chose 4P's tool	outpatient prenatar chinics:
Gutilite Hospital	Educating staff and training on chosen tool	
	<ul> <li>Implement screening of all pregnant women at least once during prenatal care (to</li> </ul>	
	start)	
Jefferson Health-	Universal Screening with 5Ps tool at first prenatal visit & all triage & inpatient	
Abington Hospital	admissions to L&D	
Lehigh Valley	Educate all Prenatal Care Providers on the 4P's and scripting	
Health Network-	Educate on the referral process to the LSW	
Pocono	Provide educational materials to pregnant women with OUD	
	Created an OB nurse navigator position to follow at risk patients from prenatal	
	through post-partum for compliance	
Main Line Health	Social Work Evaluation of Outpatient Resources Across 4 Hospitals & 4 Geographic	Best Practices for OUD/NAS Pathways
	Counties: Goal to Optimize & Standardize	Outpatient Resource Referrals
Completing	Develop Clinical and Psychosocial Pathways for OUD/SUD and NAS	Overcoming Epic Documentation Challenges
	Coordinate early consultation with Neonatology to optimize therapies and care plan	(Problem List)

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Moses Taylor Hospital Ongoing	<ul> <li>Initiated the use of the 5 P screening tool in both Labor and Delivery at MTH and Prenatal offices.</li> </ul>	Other tools hospitals have developed to help with patient educations.
Penn Medicine- Chester County Hospital	<ul> <li>Completed process mapping, gap analysis, Affinity Diagram, &amp; brainstorming</li> <li>Established working groups:         <ul> <li>Development of staff and patient education program</li> <li>Implementation of Eat, Sleep, Console</li> <li>Establishment of 5P's in inpatient and outpatient settings</li> </ul> </li> </ul>	How to partner with residential programs to help mothers spend time with their infants when admitted for NAS.
Penn Medicine- Hospital of the University of Pennsylvania	<ul> <li>Create standardized workflow for SUD/OUD screening and education</li> <li>Screen all pregnant patients for SUD/OUD using a validated screening tool</li> <li>Map local SUD/OUD treatment options that provide MAT and women-centered care including local resources that support recovery</li> </ul>	<ul> <li>How do you manage limited outpatient social work and referral capabilities?</li> <li>How do you overcome disparities in care based on differences in resources by practice location?</li> </ul>
Penn State Health- Hershey Medical Center & Children's Hospital	<ul> <li>Gain consensus &amp; approval on a validated screening tool to screen all pregnant women for substance use- Done</li> <li>Draft a paper patient-friendly form to screen patients at the time of the first prenatal appointment- Done</li> <li>Develop workflow to identify: who will respond to patients who screened positive; who will refer patients to treatment; and to whom can we refer our patients- Done</li> <li>Draft Substance Use Treatment Referral Reference List- Done</li> <li>Provide unbiased non-judgmental, trauma-informed care:         <ul> <li>Complete baseline attitudes measurement staff survey- Done</li> <li>Provide education/intervention- Done</li> <li>Complete reassessment through the attitudes measurement staff survey</li> </ul> </li> <li>Complete staff education regarding:         <ul> <li>The 5Ps tool and screening rationale- Done</li> <li>The 5Ps screening process and SBIRT- Done</li> </ul> </li> <li>Spread to other practice sites within the health system- In progress</li> </ul>	
Penn State Health- Holy Spirit Medical Center Ongoing	<ul> <li>Implementing universal SUD screening: L&amp;D, Outpatient</li> <li>Implementing a clinical pathway for positive screens</li> <li>Re-educating on protocol for when to obtain a urine drug test</li> </ul>	<ul> <li>Process for when patient refuses to complete screening tool?</li> <li>Or mother refuses to give urine sample?</li> <li>How to implement and track universal screening and adherence to algorithm in outpatient prenatal clinics?</li> </ul>

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
St. Clair Hospital  Sustaining	<ul> <li>We began using the 5Ps tool for outpatient prenatal visits and inpatient admissions to our hospital in June 2019.</li> <li>We coordinated with the affiliated OB offices for them to utilize this tool for screening their pregnant patients in the office setting, starting with the 1st prenatal visit and then again in the 2nd and 3rd trimester.</li> <li>We provided the OB offices with referral forms to be faxed to our Level 2 Nursery Coordinator for follow-up care. When our nursery coordinator receives a referral, she reaches out to the family to discuss the care they can expect when they arrive.</li> </ul>	<ul> <li>Handouts for patients on drug use in pregnancy.</li> <li>Educational Videos on NAS Scoring for staff – what are other facilities using for education.</li> </ul>
	<ul> <li>she reaches out to the family to discuss the care they can expect when they arrive for their delivery.</li> <li>We educated inpatient nursing staff on 5Ps screening tool and implemented it to be utilized on all patients admitted.</li> </ul>	
Tower Health- Reading Hospital	<ul> <li>Clinical pathway for pregnant women with OUD</li> <li>Screening for SUD</li> <li>Hospital observation for MAT induction, methadone and buprenorphine offered</li> <li>Connection with methadone program in county.</li> <li>Suboxone maintenance program at Women's Health Center for pregnant women with OUD.</li> <li>Intensive case management with the COE, drug &amp; alcohol treatment, social services, prenatal development of Plan of Safe Care, connection with Early Intervention, prenatal parent education on NAS.</li> </ul>	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
UPMC Womens	Access:	
<b>Health Service Line</b>	<ul> <li>Maternal medical support to prevent withdrawal during pregnancy</li> </ul>	
	<ul> <li>On call service for all UPMC hospitals 24/7</li> </ul>	
	<ul> <li>Provide regular prenatal and other medical appointments</li> </ul>	
	o 4 Outreach Community Centers	
	<ul> <li>Same day on next day within 24-hour appointments</li> </ul>	
	Prevention:	
	<ul> <li>Community education</li> </ul>	
	Obstetrical provider education	
	<ul> <li>Minimize fetal exposure to Opioid substances</li> </ul>	
	<ul> <li>Early engage mother as a leader in her recovery</li> </ul>	
	Narcan "to go"	
	Response:	
	<ul> <li>Pregnancy Recovery Center (Prenatal &amp; Postpartum)</li> </ul>	
	<ul> <li>UPMC Healthplan engagement</li> </ul>	
	<ul> <li>Support programs for patients, families, staff</li> </ul>	
	<ul> <li>Multidisciplinary team OB, MFM, SW, Nurses, Mental Health therapists</li> </ul>	
	<ul> <li>Methadone Conversion to buprenorphine from inpt. to outpt.</li> </ul>	
	<ul> <li>Outpatient buprenorphine medication treatment</li> </ul>	
	Warm hand overs	
	<ul> <li>ED Physician and APP trained in buprenorphine treatment</li> </ul>	
	Reporting: Centers of Excellence	
	<ul> <li>State, Allegheny County, UPMC Healthplan</li> </ul>	
	Report as appropriate to various committees	
Wayne Memorial	Screen all pregnant women for OUD/SUD using the 5P's prenatal substance abuse	Plans of safe care.
Hospital	screen	
Ongoing		

# **Neonatal Abstinence Syndrome (NAS)**

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Allegheny Health Network- Saint Vincent Hospital	<ul> <li>Met with key stakeholders (neonatologists, pediatrician, pharmacy, NICU nurse manager, MCH educator, two NICU nurses) re: modified Finnegan assessment, pharma logical intervention, nurse education/process in place to achieve a more standardized approach in NAS scoring babies in the NICU</li> <li>Presented Eat, Sleep, Console (ESC) initiative to (9) Family Practice Residents plus medical students on 11/5/2020. Presented by: Dr. Susheel, NICU NM, and NICU nurse</li> <li>Mother-baby staff assigned to watch YouTube video titled: "Reconsidering the Standard Approach to Neonatal Abstinence Syndrome" by Dr. Matthew Grossman on 11/2/2020</li> <li>Two Mother-baby nurses (as part of their master's capstone project) spearheading ESC initiative on Mother-baby (started on 11/16/2020). One of the nurses will focus on the mothers and their NAS babies, the other nurse will focus on the other mothers and their babies to prepare them to better manage the Baby's Second Night and reinforce the '5 S's' by Dr. Harvey Karp.</li> <li>Identified (6) super users on Mother-baby to resource mother-baby nurses re: ESC scoring</li> <li>NICU NM working with IT re: EPIC build for ESC documentation</li> <li>Developed a tracking sheet titled "NAS Admission Log" for babies admitted to NICU. Data points include: patient label, baby from Mother-Baby or outside transfer, Strict No Publicity, date and time of NICU admission, discharge date, pharma logical intervention.</li> <li>Implementation date for ESC on Mother-baby is 12/14/2020</li> </ul>	Our team would most like to learn from our peers:
Allegheny Health	Reviewing and enforcing our process of inter-user reliability with Finnegan	
Network- West	Implementation of Eat-Sleep-Console strategy for management of NAS	
Penn Hospital	Improve communication and provide education to referring PCP's	
	Obtain certification as NAS Center of Excellence	
Doylestown Hospital	<ul> <li>Create an inter-rater reliability tool by working with contacts within the PA PQC.</li> <li>Review with staff ESC tool and inter-rater reliability process to achieve 90% reliability.</li> </ul>	<ul> <li>Thoughts on not having an inter-rater reliability program.</li> <li>Other measures that can be monitored after</li> </ul>
Ongoing	Provide family education abut NAS and ESC and what to expect in prenatal period through discharge.	discharge with the follow up phone calls.
	<ul> <li>Reinforce the Neonatal Consult template and pamphlet to help families understand their hospital stay from beginning to end.</li> <li>Create a questionnaire for mother to complete prior to consult and at time of discharge to monitor effectiveness of educational process.</li> </ul>	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Einstein Medical	Sustain:	Changes/obstacles/solutions due to COVID
Center Montgomery	Multidisciplinary meetings targeted for monthly	visitation restrictions and changing hospital
	Continued distribution of information antenatally (pamphlets), and updated results	policies?
Ongoing	at OB provider meetings	How many infants being scored with ESC tool
	Non-pharmacologic supportive measures	have needed a second line medication?
	Breastfeeding "Traffic Light"	Anyone able to report a readmission for NAS in
	Improve:	the 2 weeks following discharge when using
	Transportation and Food Vouchers for parents to stay with infants (has been varied)	ESC tool?
	as COVID restrictions and guidelines have changed)	
	Post discharge follow-up and evaluation of Plan of Safe Care	
	Community Out-reach through clinics and support groups	
	ESC education and pathway revisions	
	Start:	
	Infant massage training	
	Facility enhancements - parent lounge	
Einstein Medical	ESC (pilot in January 2021)	
Center Philadelphia	Open baby type NICU	
	<ul> <li>Solution – Maryann Malloy to transition Care-by-Parent room to be able to be</li> </ul>	
	used for ESC dyad	
	No current protocol in place for ESC at EMCP	
	<ul> <li>Solution – Development of policy &amp; procedure by EMCP PA PQC team</li> </ul>	
	No educational materials for staff re: ESC	
	<ul> <li>Solution – Development of Healthstream educational module by EMCP PA PQC</li> </ul>	
	team in conjunction with Nursing Education and Professional Development	
	Dept.	
	Prenatal Consults (implementation in December 2020)	
	Data collection of total opioid use mothers	
	Solution – place ticket for report from AeCIS	
	Lack of educational materials in out-pt OB offices	
	Solution – finish informational pamphlet for mothers	
	Ensure on-going inter-rater reliability for use of the MOM NAS Score in the NICU by	
	implementing a process for above by December 1, 2020	
	Standardize use of MOM NAS Scoring system at EMCP by introduction and      Standardize use of MOM NAS Scoring system at EMCP by introduction and	
	validation of system to Term Nursery by December 31, 2020	
	Use of MOM NAS Score on MBU (Implementation SeptDec. 31, 2020)	
	Staff perception of difficulty of using MOM NAS Score     Solution	
	o Solution –	
	Education     Score NICL infants prior to rollout on MRII	
	Score NICU infants prior to rollout on MBU	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Geisinger	Reviewed maternal risk factors	What method is best to survey patients to
Bloomsburg	Sought guidance from PQC members	ensure the processes put into place are
Hospital (GMC)	Evaluated equipment needs	enhancing the patient experience?
	Implemented staff education	<ul> <li>What types of questions to ask patients in the</li> </ul>
Sustaining	Implemented Eat Sleep Console for NAS monitoring	survey?
	Created process to identify eligible patients	What timeframe to release the survey to the
	• Involved physicians, nurses and pharmacists in MFM, prenatal care and pediatric	patients?
	care	Who is responsible to educate patients
	Involved Certified Recovery Specialists and care managers	prenatally about CYS referral required by law?
	Developed EMR documentation	<ul> <li>How to educate patients and also providers</li> </ul>
	Developed education for prenatal patients	about CYS referral?
	Survey of patient experience in process	
Jefferson Health –	Implementation of Eat, Sleep, Console tool for NAS assessment	
Abington Hospital		
Moses Taylor	Standardized LOS for newborns born to mothers born to with OUD.	How to use Vermont Oxford for staff education.
Hospital	Utilize the Pediatric Department to encourage bonding during increased newborn	
	LOS.	
Ongoing	Developed a standardized opioid protocol for weaning newborns with NAS.	
	Development of an educational tool to help parents understand NAS admission.	
Mount Nittany	Consideration of prenatal visit with pediatric hospitalist to review welcome	<ul> <li>Repetition is the key- what are some</li> </ul>
Health System-	brochure with NAS mothers	opportunities for the pediatrics team to
Mount Nittany	Staff completion of VON modules- now increasing!	interact with families before birth?
Medical Center	Creating a non-pharmacologic intervention standardized protocol.	How to best trial non-pharmacologic
		interventions protocol without creating more
Ongoing		work for RNs?
		How to involve parents in non-pharmacologic
		interventions protocol?
Penn Medicine-	Centered around mother-infant dyad collaborating with newborn nursery to reduce	Strategies for getting parents to spend more
Hospital of the	Mom/Baby separation	time at the bedside
University of	Facilitating participation in escalation huddles to maximize non-pharmacologic	Feedback on initiation of ESC and some
Pennsylvania	interventions	suggestions.
Ongoing	Transfer from S8 to ICN; Escalation in treatment in the ICN	Strategies to engage with hospital
Ongoing	*Both with discussion of non-pharm measures attempted prior to escalation     **G. 7. ***  **Both with discussion of non-pharm measures attempted prior to escalation  **The content of the content	administration around rooming in patient
	Staff & Family education	rooms after birth parents are discharged but
	Data collection and discharge phone calls to collect data and patient feedback	infants remain in the hospital for observation.
	Prenatal Consults	
	Nonpharmacologic bundle	
	Volunteer program- on hold (COVID)	
	Feeding policies created: breastfeeding eligibility policy, routine fortification	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Penn Medicine- Lancaster General/Women and Babies Beginning	<ul> <li>Identified physician &amp; unit-based champions to participate in Eat, Sleep, Console (ESC) implementation team</li> <li>Completed assessment of current state with champions and identified areas of opportunity to improve standardization and care of NAS infants</li> <li>Established a target condition to identify stakeholders and develop an action plan</li> <li>Investigate EMR tools for OUD screening, ESC assessment and order set changes</li> <li>Implemented ESC program for well newborn population - Feb 2021</li> <li>Further expand ESC for NICU population - TBD</li> <li>Establish a method for reporting and determining baseline data</li> <li>Validate current NAS report provides correct information</li> <li>% Pharmacologic treatment rates</li> <li>% 30-day readmission rates for NAS infants</li> </ul>	<ul> <li>If the infant is transferred to the NICU, do they continue to use ESC in that setting?</li> <li>If the infant requires a rescue dose of Morphine, is the infant transferred to the NICU for care, or is there another process for a single dose treatment?</li> </ul>
Penn Medicine- Pennsylvania Hospital, Newborn Medicine	<ul> <li>Prenatal consultation:</li> <li>Creation of an EMR template for a prenatal consult for pregnant women with OUD</li> <li>Consistent use of NAS pamphlet with consult</li> <li>Educating OB staff about need for prenatal consultation when able</li> <li>NAS care:</li> <li>PAH-specific NAS protocol (vs using CHOPs)</li> <li>Guidelines on obtaining UDS for mothers and infants now live</li> <li>El referral:</li> <li>Standardized El referral (via EMR) by assigning neonatal NP who tracks/reports all OENs</li> </ul>	<ul> <li>How to successfully implement Eat Sleep Console without private rooms? NRN study starting soon.</li> <li>How to increase prenatal consultation rates? How to make them effective?</li> </ul>
Penn State Health- Hershey Medical Center & Children's Hospital Completing St. Luke's University Health Network	<ul> <li>Universal collection of meconium at delivery or transfer</li> <li>Cerner (EHR) order and task created</li> <li>Store refrigerated specimen for 7 days</li> <li>Collection and storage of umbilical cord tissue for preterm infants &lt;35 weeks- In Progress</li> <li>Working with IT to create an EPIC report to accurately identify any babies with NAS &amp; who are affected by OUD</li> <li>PA PQC core team: working on completing the required NAS education to build</li> </ul>	<ul> <li>Does your hospital use a standardized screening protocol to determine which babies will require toxicology testing?</li> <li>What is your screening criteria?</li> </ul>
Temple University Hospital	<ul> <li>competence &amp; consistency within our NAS scoring throughout the network</li> <li>Education to Moms pre/post delivery</li> <li>Getting OUD screening into EPIC</li> <li>Teaching for Eat, Sleep, Console approach available on Healthstream</li> <li>Created Nesting Room protocol</li> </ul>	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Thomas Jefferson	Improve Parental and Staff Education	
University Hospital-	ICN nurses to treatment program for education sessions	
Center City	Educational materials and provider education at OB clinic	
(Intensive Care	Breast feeding education during methadone/buprenorphine stabilization	
Nursery /Well Baby	hospitalization	
Nursery)	Standardized prenatal neonatology consult	
	Improve Breast Pump Access	
	Coordinating with WIC	
	Standardized process with post-partum and case management	
	Improve Treatment Program Involvement in supporting breast feeding	
	Working with new management to	
	improve maternal access from inpatient treatment to hospital	
	Create pumping and milk storage space	
	Support leaving sessions to pump	
	Improve breast feeding support while in hospital	
	Improving lactation consultant access	
	Support skin-to-skin in NICU	
	Encourage early breast feeding in DR, upon post-partum arrival	
Tower Health-	• Implement "Eat Sleep Console" program on Specialty care unit. (Moms will room-in	
Reading Hospital	with newborns.) Transfer family to pediatrics when mother is discharged.	
	Staff education, music therapy, cuddlers, OT, patient/family education, community	
	education	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
UPMC Womens Health Service Line	Access:  Maternal medical support to prevent withdrawal during pregnancy Provide regular prenatal and other medical appointments Prevention:  Minimize fetal exposure to illicit substances Engage mother as a leader in her recovery Response: Parent Partnership Unit (PPU) Eat, Sleep, Console (ESC) implemented and continuing to spread across system Implemented ESC and developed a PPU model at Altoona Developing a service line SUD Committee with membership consisting of representatives from each hospital for Plans of Safe Care. Created a NOWs Brochure for Prenatal offices and hospitals to provide patients with education about the condition in effort that parents are prepared to stay and provide that non-pharm care to the infant. Magee is expanding the PPU to 6, Level II NICU beds so that babies that require medication can stay with the mothers so that the non-pharm care can be provided without interruption by the mother.  Reporting: Pa DOH of all NAS occurrences	How you can best implement Eat, Sleep,     Console when baby requires medication     therapy? Though we are working on a plan for     babies to receive treatment while in the PPU     with the addition of Level II NICU beds.
UPMC Womens Health Service Line- Magee, Horizon, Northwest, Hamot, Cole Ongoing	<ul> <li>Internal leadership and appropriate committees e.g., NICU</li> <li>Parental PresenceCaregiver / Cuddler Presence</li> <li>Reinforce or Increase:         <ul> <li>Rooming-in</li> <li>Parental presence</li> <li>Skin to skin</li> <li>Holding</li> <li>Swaddling</li> <li>Optimal feeding</li> <li>Quiet environment</li> <li>Limit visitors</li> </ul> </li> </ul>	<ul> <li>Education classes on hold due to pandemic.</li> <li>Parents prepared to stay and administer the non-pharm care- though we recently created a nice brochure for prenatal offices to provide patients so that they can be prepared to stay and care for baby.</li> </ul>

## **Maternal Mortality: Hemorrhage**

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Einstein Medical	Change in workflow for providers and nursing staff	·
Center Philadelphia	• Solution – educational plan developed for provider and nursing staff (January 2021)	
	PPH Scoring in AeCIS	
	Solution – Cerner working with CMQCC to standardize scoring for risk tool based on	
	AWHONN project (Jan. 2021)	
Jefferson Health-	Upgrade to EMR allows PPH calculation tool to flow directly into Delivery Summary	
Thomas Jefferson	Collect data to determine predictability of PPH score	
University Hospital	<ul> <li>Hemorrhage supplies added to delivery cart for remote deliveries (ICU)</li> </ul>	
	Assign K2 antepartum hemorrhage module	
Penn Medicine-	Code OB Emergency Response Developed	What strategies are being used to prevent
Chester County	<ul> <li>Hemorrhage Carts on Labor &amp; Delivery and Mother/Baby</li> </ul>	postpartum hemorrhage from occurring?
Hospital	OB Emergency Cards	
	Interdisciplinary Simulations	
Penn Medicine-	Train champions to facilitate QBL process	Have you developed standard interventions for
Lancaster	<ul> <li>Feedback and process recommendations for clinical workflow</li> </ul>	care based on QBL values? If so, are you using
General/Women and	<ul> <li>Communication/Education with teams</li> </ul>	a stage-based approach? (Ex. Stage 1 for QBL
Babies	<ul> <li>Implemented EMR tool for PPH risk assessment (12/2/19)</li> </ul>	>500 mL for vaginal delivery)
	<ul> <li>Inventory tools/equipment required for QBL process</li> </ul>	
Ongoing	<ul> <li>Additional scale obtained for L&amp;D</li> </ul>	
	<ul> <li>Implemented QBL with EMR calculator for high-risk patients (2/12/20)</li> </ul>	
	<ul> <li>Expanded QBL process to all vaginal delivery patients (7/27/20)</li> </ul>	
	Expand QBL process to include cesarean deliveries (1/21)	
	<ul> <li>Current QBL process reviewed, and a new and improved process was trialed by</li> </ul>	
	our L&D team. Implementation of new process planned for 4/5/21.	
	<ul> <li>Currently developing standard response interventions based on QBL values</li> <li>Order set changes approved by OBGYN Care Management team</li> </ul>	
	<ul> <li>Order set changes approved by OBGYN Care Management team</li> <li>Established a method for reporting and determining baseline data</li> </ul>	
	OB Vaginal & Cesarean PPH reports built in EMR	
	Blood utilization and uterotonic usage reports	
	QBL report	
Penn Medicine-	We implemented a comprehensive Code Crimson policy that includes 3 levels of	
Pennsylvania	hemorrhage with specific assessments, actions, and checklists for each.	
Hospital	We made significant improvements to our QBL calculator and created a dashboard	
	to measure our progress.	
	We educated all nurses and providers working in L&D or Mother Baby and had	
	drills prior to implementation. A debrief occurs after each event.	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Penn State Health-	Assessment by provider using an evidence- based tool.	
Hershey Medical	Risk Assessment score placed in EMR and on electronic Chalkboard.	
Center & Children's	Postpartum Hemorrhage kit with emergency medications present at every delivery.	
Hospital	Postpartum Hemorrhage Cart containing guidelines for actions & emergency	
	supplies immediately available.	
	Simulation exercises are ongoing.	
Temple University	Risk assessment for every patient	
Hospital	Implement the hemorrhage protocol (everything will be consistent)	
	Hemorrhage cart (virtual)	
	Running Drills	
	Cultural diversity training	
	Pain Management protocol	
Tower Health-	Create standard for prenatal identification of high-risk patients, quantitative blood	
Reading Hospital	loss, and early interventions	
	All nurses, providers attend yearly sim. QBL roll-out scheduled for 3/7/20; Sims –	
	yearly	
	Policy / protocol in place and communicated by 7/1/20	

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Site Name:  UPMC Womens Health Service Line	<ul> <li>Readiness:         <ul> <li>Includes: hemorrhage cart supplies, checklist, algorithms, hemorrhage medication kit, response team, advanced gynecologic surgery, massive transfusion protocols, unit guidelines, unit-based drills with post-drill debriefs, and staff/provider education</li> <li>Recognition and Prevention:</li></ul></li></ul>	Providing education on PPH. Would like to see what education other hospitals are providing patients beyond AWHONNs Post Birth Warning Signs.
	<ul> <li>Event reporting to Risk/Quality Department</li> <li>Multidisciplinary review for opportunities in systems and processes         <ul> <li>Internal hospital systematic reviews are conducted per occurrence</li> </ul> </li> <li>Monitor outcomes and metrics via Obstetrical Dashboard all hospitals have direct access</li> <li>Report as appropriate to various committees</li> </ul>	

## **Maternal Mortality: Timely Fourth Trimester Contact**

Site Name:	Key Interventions:	Our team would most like to learn from our peers:
Jefferson Health-	Standardized guidelines for PP follow-up (current focus on HTN and PPD)	
<b>Abington Hospital</b>	<ul> <li>Interprofessional postpartum rounding on inpatient Mother-baby units</li> </ul>	
	Developing standardized guidelines for postpartum follow-up	