

MOMD Survey Key Takeaways & Goal Setting for 2022

MOMD Team Talk Summary

Logistics/ Putting Together all the Details

1. Build a collaborative referral network and establish provider relationships
2. Develop consents that will ask for what you need (what, for how long, how to revoke or renew)
3. Build screening and follow up workflows (goal is to effectively treat, not just refer)
4. Engage patients about the why and how the information will be used
5. Create time within the appointment time to have conversations about mental health concerns

Relational Medical Care

1. Build Trust through active listening
2. Talk about Birth Plans earlier in pregnancy care and use a trauma and mental health lens to discuss
3. Reinforce patient autonomy by having them be responsible for sharing the information
4. Use targeted questions that demonstrate empathy, respect, and compassion in your daily work
5. Have conversations regarding what to expect in tandem with doulas
6. Acknowledge the healing that needs to occur following a life saving procedure; ask, how are you?

Summary Continued

Be Intentional about the Culture You Build

1. Ask how do I contribute to the culture? Do my behaviors, attitudes, and language communicate respect, listening, and caring?
2. Initiate conversations around racially concordant care
3. How do you overcome the fact that you may not have racially concordant care for the people you serve?
4. We all have biases. What do you do on a yearly basis other than what the hospital requires to continue to learn about your own biases?
5. Discuss the ideology around who “owns” the patient?
6. Have a process for holding team members accountable

Example of Collaborative Care Form that MH Providers could initiate and have client present to provider's office.

Feedback:

Like the idea that patient is involved in the process.

Like the idea that the MH provider discusses what can happen that could alter a birth plan and how to manage the loss of the ideal birth.

Can use form to start the conversation and as a tool to build trust.

Families can decide what to share.

MH provider can use form to coach patient in building trust with providers.

Collaborative Care For Pregnancy and Postpartum: Mental Health Team and Medical Care Providers

Mental Health Clinician: _____

Address: _____

Phone: _____

Email: _____

Initial Date of Services: _____

Frequency of Sessions: _____

Medical Care Provider: _____

Address: _____

Phone: _____

Email: _____

Initial Date of Services: _____

Estimated Due Date: _____

Date Of Service	Goals/ Discussion	Planning

Discussion Questions

- Do plan on incorporating any new strategies with patients?
- What steps will you take to implement a new strategy and how will you measure success?

- Describe your current process
 - What is working well?
 - What do you need help or support with?

Goal Setting for 2022

Looking at the data from the quarterly surveys to drive QI

What follow-up actions occur in your hospital or outpatient offices in response to a positive depression screen? (check all that apply)

Diagnosis		Medications		Referral to specialty mental health treatment		Referral or warm hand off to integrated behavioral health consultants or care managers		Referral to home visiting programs		Referral to other community resources		Systematic case reviews of depression cases with a multi-disciplinary team		Follow an organizational suicide risk response policy	
Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)
No	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	No	No	Yes	Yes
No	No	No	No	No	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes	Yes
No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	Yes	No	No	Yes	No
No	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	No	No
Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	Yes	Yes
No	No	No	No	Yes	Yes	Yes	No	No	Yes	Yes	Yes	No	No	No	No
Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes	Yes	No	No	No	Yes
No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	Yes	Yes
No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	Yes	Yes
No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	Yes	Yes
No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	No	Yes	Yes

Which quality metrics do you use to inform continuous improvements to your depression screening and follow-up processes?

Note: Please refer to the definition of the HEDIS measure for the Prenatal and Postpartum Depression Screening Percentages

Prenatal Depression Screening Percentage		Prenatal Depression Screening Follow-up Percentage		Postpartum Depression Screening Percentage		Postpartum Depression Screening Follow-up Percentage		Depression Response Percentage (50% or greater reduction in symptoms measured by symptom tracking scales, such as the PHQ-9)		Depression Remission Percentage (e.g., PHQ-9 < 5)		Other	Do Not Know		Unsure		
Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)
Yes	No	Yes	No	Yes	No	Yes	No	No	No	No	No						
Yes	Yes	No	No	Yes	Yes	No	No	No	No	No	No						
No	Yes	No	No	No	No	No	No	No	No	No	No	Other					
No	No	No	No	Yes	Yes	No	No	No	No	No	No						
No	No	No	No	No	No	No	No	No	No	No	No			Do Not Know	Unsure	Unsure	
No	No	No	No	No	No	No	No	No	No	No	No			Do Not Know			
Yes	No	No	No	Yes	No	No	No	No	No	No	No	Other					
Yes	Yes	No	No	No	Yes	No	No	No	No	No	No						
Yes	Yes	No	No	No	Yes	No	No	No	No	No	No						
Yes	Yes	No	No	No	Yes	No	No	No	No	No	No						
Yes	Yes	No	No	No	Yes	No	No	No	No	No	No						
No	Yes	No	No	Yes	Yes	No	No	No	No	No	No						

Do you stratify the maternal depression and follow-up measures by race ?		Conducted a quality improvement project to reduce racial disparities for maternal mental health quality measures?		Organization analyzes how institutional policies are facilitating or alleviating racial disparities in a standardized way?		Organization providew staff-wide education on perinatal racial and ethnic disparities and root causes?		Do you work with patient/family advocates or community resources to inform your maternal mental health screening and follow-up processes ?		Do you work with patient/family advocates or community resources to inform your work to reduce racial disparities ?	
Response		Response		Response		Response		Response		Response	
Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)	Baseline Survey	(July - Sept 2021)
No	No; Have Not Started	No	No; Have Not Started	Yes	No; Have Not Started	Yes	Yes; In Place	Yes	Yes; In Place	Yes	No; Have Not Started
No	No; Working on It	No	No; Have Not Started	No	No; Have Not Started	No	Yes; In Place	Yes	Yes; In Place	No	No; Have Not Started
No	No; Working on It	No	No; Working On It	No	No; Working On It	Yes	Yes; In Place	No	No; Working On It	No	No; Working On It
Yes	Yes; In Place	No	No; Working On It	Yes	Yes; In Place	Yes	Yes; In Place	Yes	No; Have Not Started	Yes	No; Have Not Started
	-	No	No; Have Not Started	Yes	Yes; In Place	No	No; Have Not Started	No	No; Have Not Started	No	No; Working On It
	-	No	No; Working On It	No	No; Working On It	Yes	No; Working On It	No	No; Working On It	No	No; Working On It
No	No; Have Not Started	No	No; Have Not Started	No	No; Working On It	Yes	Yes; In Place	Yes	No; Working On It	No	No; Working On It
No	Yes; In Place	No	No; Working On It	Yes	No; Working On It	No	No; Working On It	No	No; Have Not Started	No	No; Have Not Started
No	Yes; In Place	No	No; Working On It	Yes	No; Working On It	No	No; Working On It	No	No; Have Not Started	No	No; Have Not Started
No	Yes; In Place	No	No; Working On It	Yes	No; Working On It	No	No; Working On It	No	No; Have Not Started	No	No; Have Not Started
No	Yes; In Place	No	No; Working On It	Yes	No; Working On It	No	No; Working On It	No	No; Have Not Started	No	No; Have Not Started
No	Yes; In Place	No	No; Working On It	Yes	No; Working On It	No	No; Working On It	No	No; Have Not Started	No	No; Have Not Started

Ideas for Collective Focus Heading into 2022

Follow-Up:

- Following an organizational suicide risk response policy
- Diagnosis
- Referral to home visiting programs

Quality Measures:

- Prenatal Depression Screening /Follow Up
- Postpartum Depression Screening/ Follow Up

Racial and ethnic Disparities:

- Stratifying measures by race and ethnicity
- Sharing strategies currently being worked on to reduce racial disparities
- Community Listening Sessions