



PA PQC

Pennsylvania Perinatal Quality Collaborative

Maternal Substance Use and Substance Exposed Newborn Virtual Meeting

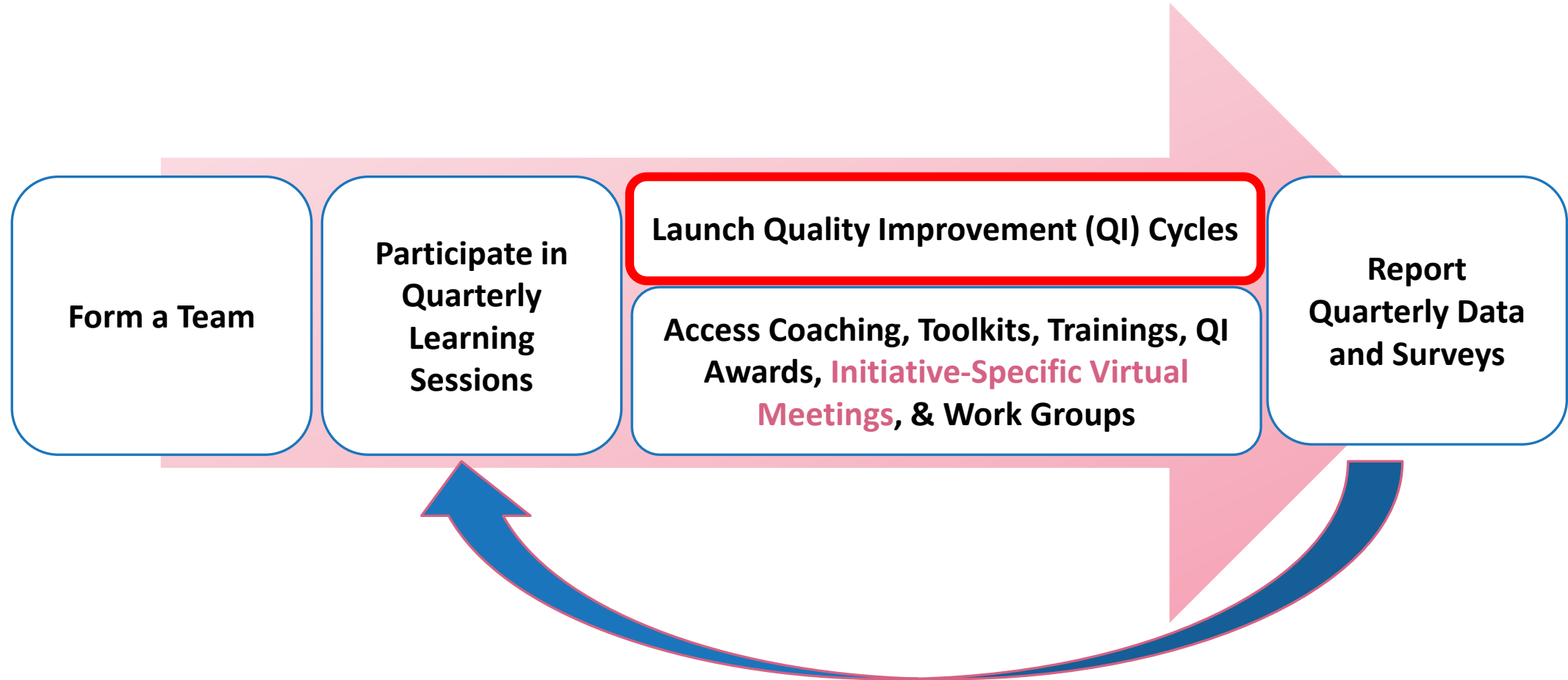
July 13, 2022

Aasta Mehta, MD, MPP

Agenda

1. **Introduction** – Aasta Mehta, MD, MPP, PA PQC Consultant and Advisory Group Co-Chair
2. **University of New Mexico’s Experience to Provide Naloxone to Pregnant/Postpartum Individuals at Risk of an Overdose** – Mike Herman, PharmD, OB/GYN Pharmacist, University of New Mexico Hospitals
3. **Q&A and Peer-to-Peer Learning Discussion** – Facilitated by Carol Frazer, LPC, Practice Transformation Specialist, Jewish Healthcare Foundation (JHF)
4. **Wrap Up & Next Steps** – Pauline Taylor, Program Specialist, JHF

PA PQC Structure and Expectations During the Implementation Period



Focus for Today's Virtual Meeting



Additionally, two of the recommendations from the PA MMRC found the following strategies to be beneficial to preventing overdose deaths:

- 1) “Standardizing discharge plans for all hospital stays for pregnant and postpartum patients with OUD, or a prescription for an opioid, to include distribution or prescription for naloxone, instructions on how to use and where to get naloxone when needed,” within healthcare provider offices and hospital systems.
- 2) “Increasing community knowledge of naloxone, including information on procurement and instructions for use” for community-based organizations.

*March 16, 2022 Letter from Dr. Johnson to
PA hospital administrators, OBs, nurses, midwives, and doulas*

Maternal SUD Driver Diagram

Naloxone Key Interventions

Driver

Educate patients and their families on substance use and the care of infants with in-utero substance exposure

Equip patients/families with resources to **save lives**

Key Interventions

- **Provide evidence-based education to pregnant and postpartum individuals related to SUD, naloxone use, harm reduction strategies, and care of infants with in-utero substance exposure**
 - Provide education for best practices for engaging and treating pregnant and postpartum individuals who themselves have an FASD*
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- **Establish policies and protocols to provide Naloxone to anyone who may witness an overdose**

<https://www.whamglobal.org/pa-pqc-initiatives>

Maternal SUD Measures

Structural Measures to Track Adoption of Key Interventions

Driver

Educate patients and their families on substance use and the care of infants with in-utero substance exposure

Equip patients/families with resources to **save lives**

Key Interventions

- Provide evidence-based naloxone use
- Provide education to individuals with

Survey Question for Structural Measure:
Does your hospital provide education to pregnant and postpartum people related to naloxone use?

- Establish protocols for overdose

Survey Question for Structural Measure:
Does your hospital have a system in place to provide naloxone to patients prior to discharge?

<https://www.whamglobal.org/data-collection#PA-PQC-Site-Surveys>

Maternal SUD Measures

Process Measure to Track if the Steps are Being Performed as Intended

Driver

Educate patients and their families on substance use and the care of infants with in-utero substance exposure

Equip patients/families with resources to **save lives**

Key Interventions

- Provide evidence-based interventions for individuals with SUD
- Provide naloxone use education to individuals
- Provide education to individuals

- Establish overdose

Process Measure:

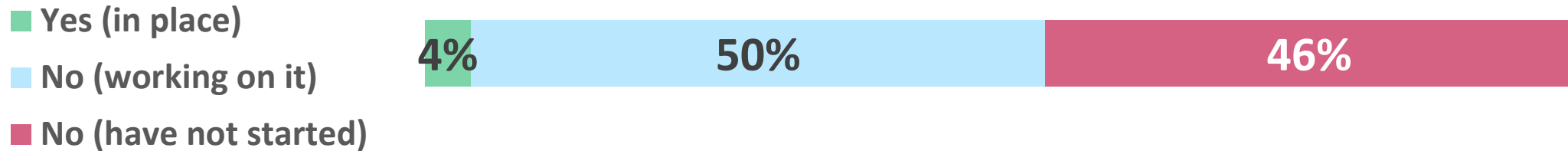
Numerator: Those with documentation of having received or been prescribed Naloxone prior to delivery discharge

Denominator: Number of individuals with an SUD diagnosis and a delivery in the quarter

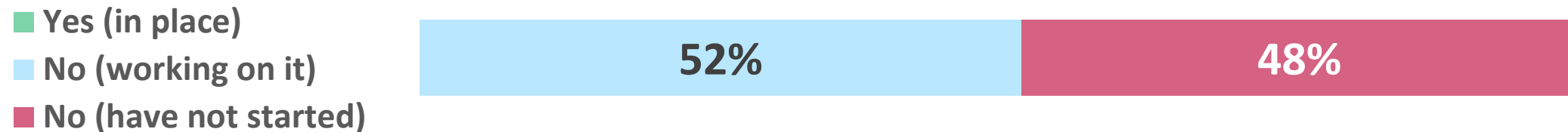
<https://www.whamglobal.org/data-collection#PA-PQC-Measurement-Specifications>

January-March 2022 Findings

Provide education to pregnant and postpartum people related to naloxone use?



Have a system in place to provide naloxone to patients prior to discharge?



Resources

<https://www.whamglobal.org/resources#Naloxone>



[2022 PA PQC Initiatives](#)

[Events](#)

[Data](#)

[Resources](#)

[PA PQC Hospitals](#)

[Contact](#)

Naloxone

[Naloxone Standing Order for General Public](#)

[Naloxone Standing Order for First Responders](#)

[Accessing Naloxone](#)

[PA Naloxone Mailing Program](#)

[Naloxone Training \(GetNaloxoneNow\)](#)

[Naloxone Training \(PA DOH and PA DDAP\)](#)

[Naloxone Training Video \(PA DOH\) *requires Train.org account](#)

[Naloxone Nasal Spray Demonstration Video](#)

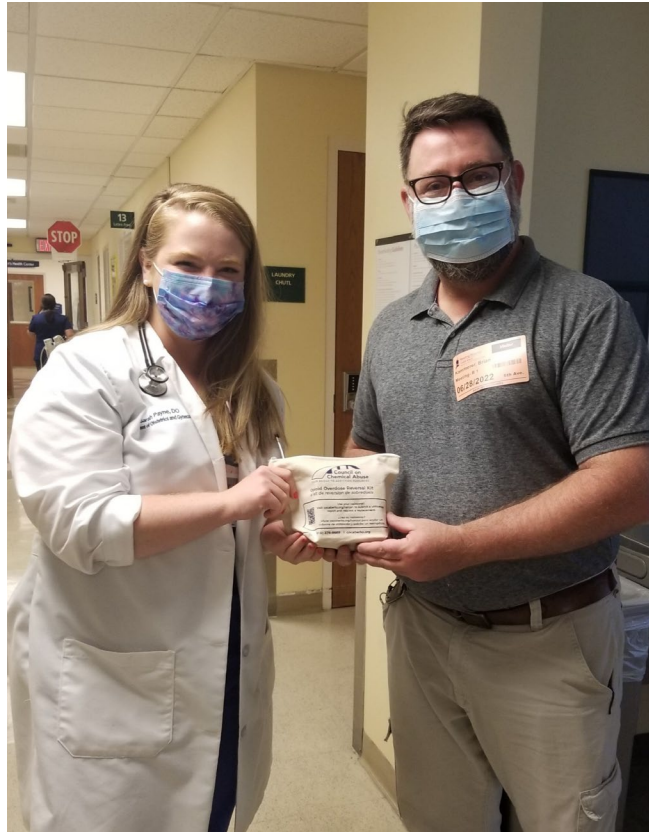
[FAQs about Naloxone \(PA DOH\)](#)

[Statewide Uniform Preferred Drug List \(PDL\)](#)

[Philadelphia Resources](#)

Reading Hospital QI Example

6/30 Learning Session



View recording at 00:29:00

<https://www.whamglobal.org/june-30th-2022-learning-collaborative>

University of New Mexico Hospitals' Experience with Providing Naloxone to Pregnant/Postpartum Individuals at Risk of an Overdose

Michael Herman, PharmD

OB/GYN Pharmacist

University of New Mexico Hospitals

Q&A and Peer-to-Peer Learning Discussion

Carol Frazer, LPC

Practice Transformation Specialist

Jewish Healthcare Foundation

Naloxone Patient Education

- ❖ **For those who indicated your hospital has a process in place for this:**
 - ❖ What does your process look like?
 - ❖ What has worked well in your setting?

- ❖ **For those who indicated you are working on this:**
 - ❖ What parts of UNM's process do you think could work well in your hospital?
 - ❖ What challenges or questions are you encountering as your team works on this?

- ❖ **For those who indicated you are not yet working on this:**
 - ❖ What additional information would you like to know?
 - ❖ What would help your team get started?

Providing Naloxone to Patients

- ❖ **For those who indicated your hospital has a process in place for this:**
 - ❖ What does your process look like?
 - ❖ What has worked well in your setting?

- ❖ **For those who indicated you are working on this:**
 - ❖ What parts of UNM's process do you think could work well in your hospital?
 - ❖ What challenges or questions are you encountering as your team works on this?

- ❖ **For those who indicated you are not yet working on this:**
 - ❖ What additional information would you like to know?
 - ❖ What would help your team get started?

Wrap Up & Next Steps

Pauline Taylor

Program Specialist

Jewish Healthcare Foundation

QI Awards Reminder

Milestone 1: Attend the quarterly PA PQC Learning Sessions

Milestone 2: Submit a Quality Improvement (QI) Report Out, showing work related to implementing Key Intervention(s)

Milestone 3: Complete a PA PQC quarterly survey for the initiative

Milestone 4: Submit at least one quarter's worth of aggregated data for a PA PQC process or outcomes measure(s) through the PA PQC Life QI Data Portal

Milestone 5: Communicate and celebrate your team's impact!

Due: End of the month that follows each calendar quarter – July 31!

<https://www.whamglobal.org/pa-pqc-initiatives/criteria-for-quality-improvement-awards>

Learning Sessions & SUD/SEN Virtual Meetings

<https://www.whamglobal.org/member-content/register-for-sessions>

Quarterly Learning Sessions

- September 14
- December 14

SUD/SEN Virtual Meetings

- August 10 11am to 12pm
 - Interactive peer-to-peer learning space to reflect on recent sessions and problem-solve to advance your team's SUD and SEN-related QI initiatives
- October 20 11am to 12pm
- November 9 11am to 12pm