



# Transitions in NAS care: From Finnegan to ESC

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# Previous state

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- All opiate exposed infants admitted to NICU for NAS monitoring
- Use of Modified Finnegan Score to guide pharmacologic treatment

# Timeline of Transition

**May 2013**

NAS Infants began transfer from NICU to PEDS when census was high

**December 2017**

NAS infants transferred from NICU when mother discharged

**June 2018**

\*Direct admissions to pediatrics from maternity  
\*PRN morphine doses

**May 2019**

WCSL changed to ESC scoring tool

**January 2017**

Modified Finnegan Approach adapted

**January 2018**

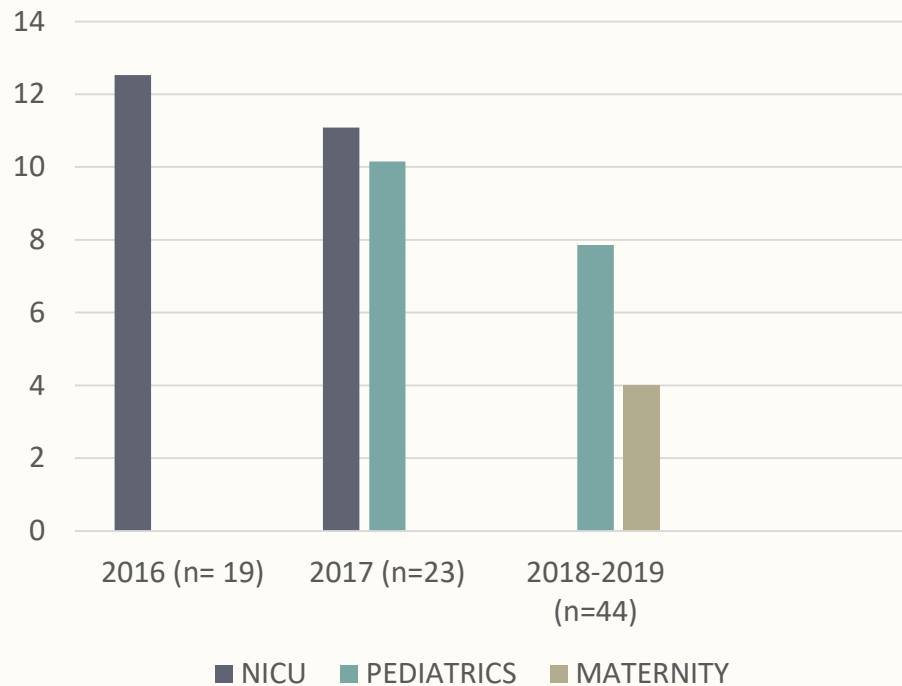
Began ESC model in conjunction with modified Finnegan Approach (PEDS)

**September 2018**

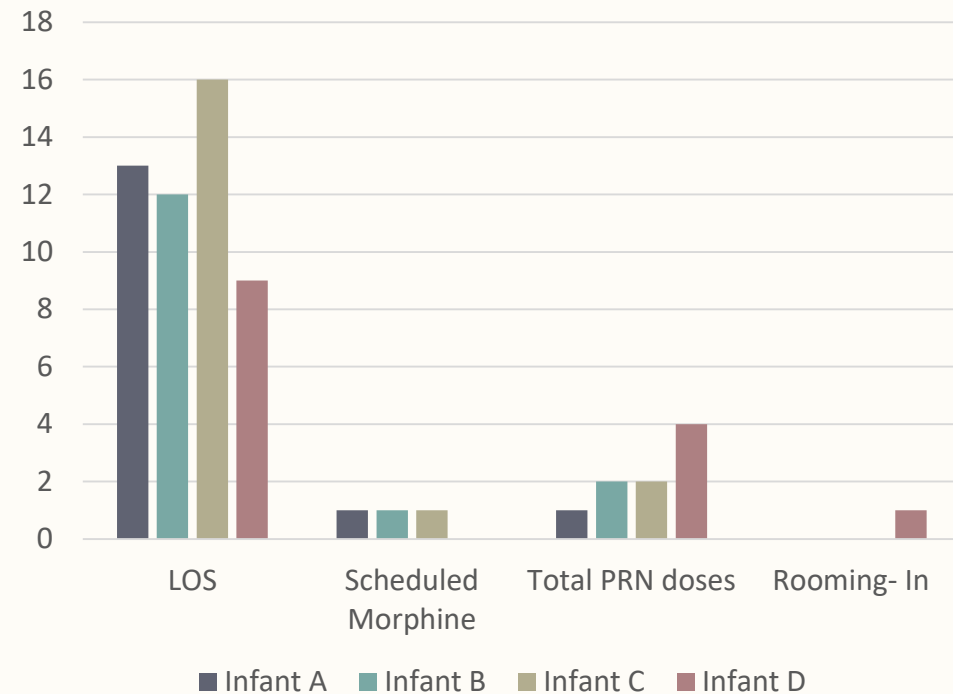
Mindfulness Speaker (MATER)

All infants admitted to NICU

### Length of Stays for NAS Infants



### 6/18-11/18





# Leading Impacts from ESC Approach

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- Reduced length of hospital stay
- Reduced pharmacological intervention
- Reduced hospital costs
- Increased rooming- in, breastfeeding, and family satisfaction