

Developing Plans of Safe Care for Babies and Families Affected by Opioid Addiction



Berks County

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Plan of Safe Care in PA: Act 54 of 2018

- In addition to notification mandates for health care providers, the law specifies the development of a plan of safe care to:
 - *Ensure safety and well being of the child following the release from the care of health care providers*
 - *Address the health and substance use disorder treatment needs of the child, mother, father and any caregivers, and any other children in the home*
 - *Identify the lead entity responsible for developing the safe plan of care*
 - *Require the lead entity to convene a multidisciplinary team*
 - *Identify the entity to carry out the plan*

Pregnant and Parenting Substance Use Disorder Community Consortium

Has been meeting for years

Constantly asking who is missing from the table and working to gain participation

- Single County Authority
- Children & Youth Services
- Early Intervention
 - *County office*
 - *Providers*
- Home visiting programs
- Case management programs
- MDWISE representation
- Private children & youth agencies
- Mental Health Provider
- Women's housing programs
- Public Health
- Early Childhood Development
 - *IU*
 - *Headstart*
- WIC
- Hospital social services
 - *Inpatient*
 - *Outpatient*
 - *Women's Health*
 - *Children's Health*
- Maternal Child Health Nurse Navigators

Services to Parents through Reading Hospital

- Admission of pregnant women for MAT induction (Methadone or Suboxone)
- Referral to the OUD COE or another community based case management program
- Referral for Maternal/Child Health Nurse Navigator
- Referral for other community based case management services (substances other than opioids)
- Referral to home visiting program
- Neonatal Abstinence Syndrome education session prior to delivery (for OUD)
- Referral to Family Group Decision Making as early as 28 weeks gestation
- NICU webcam
- Referral to Early Intervention (for babies in the NICU)
- Music therapy
- Notification to DHS at time of delivery
- Rooming in (coming soon for babies with NAS diagnosis)
- 6 month developmental assessment

Family Group Decision Making to develop Plans of Safe Care

- Referral is completed by Women's Health Center, Center of Excellence or Maternal/Child Health Nurse Navigator around 28 weeks gestation
- Referral is assigned to a FGDM coordinator
- Coordinator meets with family and develops the family support list
- Coordinator contacts all identified supports and arranges pre-conference and speakers
- Conference is held with the purpose to develop a plan of safe care (before mother gives birth)

FGDM Process in Berks to develop Safe Plans of Care (continued)

- Referent is informed of the FGDM plan which is placed in the mother's electronic medical record and chart is appropriately noted
- Social services makes notification to DHS upon child's birth; Childline forwards to CYS
- The FGDM coordinator is then assigned and conducts GPS assessment to assure the plan is being implemented
- Post conference meeting is held before baby's discharge from hospital
- Decision is made to either close investigation or open for continued services